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The Alexandria Gazette

For this section—Rain or sleet and slightly warmer today, probably followed by clearing tomorrow.
High tide tomorrow; 10:22 a. m., 10:47 p. m.

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YAP TREATY IS RATIFIED BY SENATE 67-22

Administration Sees Indication That Other Treaties Will Be Ratified

4-POWER PACT NEXT

Irreconcilables Say Did Not Object to Yap Treaty But Will Concentrate on Pacific.

Washington, March 2.—With seven votes to spare the Administration froces brought ratification in the Senate yesterday afternoon of the Treaty of Yap.

The ratification vote was 67 to 22, and this caused prediction in Administration circles about the Senate that all of the treaties negotiated at the Arms Conference eventually will receive approval.

It is expected that the vote on the Pacific Treaty possibly will be closer than that on Yap, but, nevertheless, the vote taken was regarded as a test of strength, and Senator Lodge regarded it as presaging the compartively easy ratification of all the treaties now pending.

But this view was not accepted by the "irreconcilables," who said they had made no special effort to defeat the Yap treaty and were reserving their big fire for the Pacific Four-Power pact. They insisted they had a good "fighting chance" to defeat the Pacific treaty, and would gain votes as the discussion progresses.

The Yap treaty is designed to settle the long-standing dispute between the United States and Japan over the island of Yap by recognizing the Japanese mandate over the island, but securing to the United States certain cable rights.

Senator France, of Maryland, who had conducted a mild filibuster on the Yap treaty, voted with the irreconcilables and the Democrats constituting the minority of 22 today.

Senator Weller supported the treaty.

Before the final vote various reservations were offered by Senator Key Pittman and others, but all were defeated by decisive votes and the treaty was not amended in any way.

In substantial conformity to his promise, Senator Underwood delivered 13 Democratic votes for ratification. He had predicted 14, at least, and it was announced that had Senators Trammell, of Florida, and Owen, of Oklahoma, been present they would have voted for ratification.

Senator Lodge mad announcement that Senators Du Pont, of Delaware, and Crow, of Pennsylvania, were absent because of illness, but they would have voted affirmatively had they been present.

TO ENDOW ROOM

Marjory Adamson Fund to Endow a Room at Alexandria Hospital

One of our most progressive citizens has offered $300 if a like amount can be raised for the Marjory Adamson Room Fund for the Alexandria Hospital. This splendid woman, who set such a high standard for the Hospital and expended her head, heart and whole strength in this work, is now in her tragic condition, in Staunton, expressing her great longing to leave in order to assist in work for the Alexandria Hospital, which is constantly in her thoughts.

The committee for the endowment fund are asking a contribution to raise this $300 from the many friends of Mrs. Adamson, who knew that she never failed to respond to any appeal made day or night upon her time and strength to alleviate suffering. To no one is an endowed room more appropriate than to the one who brought so much to the hospital in the days when it was struggling from an infirmary basis to higher things and whose work is a living memorial in the health and happiness of many of our citizens. This opportunity is given them to express their gratitude and perpetuate her memory.

The amount on hand for this fund is $350; a conditional promise of $300 and, if the other $300 can be raised, this will make a total of $950. The remaining $50 can be raised easily later. Any contribution will be gladly received and acknowledged by Miss Mary E. Carlin, 416 Duke street, or Miss Constance Boush, 106 Rosemont avenue.

Since the above appeal has been started $35 has been contributed by Mr. Worth Hulfish; $25 by Mrs. J. Clinton Smoot and $8 by Miss C. Boush, which leaves the amount to be raised, $232.

Petersburg, Va.—It was announced this afternoon that efforts were being made by members of the First Baptist Church to have installed in the edifice Thursday and Friday of this week a wireless telephone apparatus for the purpose of hearing a sermon to be delivered by Dr. George W. Truitt, known as America's greatest preacher," who is now holding a series of meetings in Raleigh, N. C.

WASHINGTON DAY BY DAY

(From Our Special Correspondent.)

Washington, March 2.—Representative Manuel Herrick, of Oklahoma, who says in his biography in the Congressional Directory that "he never saw the inside of a schoolhouse for educational purposes," but that he is a "farmer and cattle raiser specializing on Herrick's Giant Yellow Corn," dashed into the White House yesterday declaring at the top of his voice that he had a grievance. He told his story first to Officer Kelly, then he was sent back to "Pat" McKenna, doorkeeper for Secretary Christian, and finally he landed in the office of Rudolph Forster and told him his tale of woe. Herrick's voice could be heard all over the White House, and the clerks stopped their work to see what was the matter. It appears that Herrick is fighting against the confirmation of a postmaster in his district and wanted an opportunity of laying his case before the President. He was not successful, however. It was suggested to him that he had better see the members of the Senate Postoffice Committee.

"I thought of that," said Herrick, "but you know an ordinary Congressman don't get much consideration in the Senate."

The proposition of an immediate bonus for soldiers was virtually abandoned by the Republicans of the Ways and Means Committee today in favor of a plan for the payment of certificates to war veterans. Chairman Fordney of the committee announced that a subcommittee had been appointed, composed of the six ranking members of the committee, which will work out a plan for payment of the bonus "that will not entail payment of a large amount of cash by the government in the next two years." He refused further comment on the plan, but from other sources it was learned that the committee has in mind the devising of a scheme which provides among other things that war veterans electing to take the cash bonus would not receive money but would receive certificates of the United States for the total amount of their bonus. These certificates would be payable in three, four or five years, or possibly longer, the date of maturity to be worked out later.

President Harding has been asked by a delegation from the National Women's Trade Union League, which called upon him today, to use his influence in favor of constructive laws for women and against the blanket legislation proposed by the National Woman's Party.

"To destroy industrial laws for women merely because the same laws do not exist for men is to lower the whole level of industry," the committee told the President," and it is the same kind of thing we would have been doing had we sought to deprive men of suffrage because women did not have it. We want an upward, not a downward revision of women's laws, and this can only be had by specific measures to remove a specific discrimination against women."

Picturing E. Mont Riley, governor of Porto Rico, as an intimidator of the judiciary, a trafficker in public office and as a much without standing in hi shome community, Felix Cordova-Davila, resident commissioner from Porto Rico, has demanded a Congressional investigation of the governor's official acts since his appointment last May by President Harding. The resident commissioner, among other things charged Governor Riley with entering into a political alliance with men who have boasted of their bolshevik ideas and their affiliation with the Third International of Moscow.

Mr. Cordova-Davila told of the investigation that the commission from Porto Rico has made into the past history of Governor Riley and insisted that an investigation by Congress of the facts disclosed will convince any unbiased man that Riley is totally unfit to serve as governor of 1,300,000 people.

Isaac Gregg.

O. D. BOAT CLUB MAKES READY

Crew to Participate in Relay Race in D. C., Tomorrow Night

Crews to go to Richmond in May and July —Improvements For Clubhouse

Plan for the coming season were mapped out last night by the Old Dominion Boat Club at a meeting held at its clubhouse. Inasmuch as the club has decided to abandon for the coming year the building of a new clubhouse arrangements were made for certain improvements to be made at once at its clubhouse in order to be ready for the coming season.

This club decided to have a crew take part in the relay race to be held tomorrow night at Convention Hall, Washington, under the auspices of the Potomac Boat Club and the Washington Canoe Club. The local team will consist of L. E. Beeton, Thomas E. Kelly, R. Meade Jefferson and H. W. Davis.

The club also decided to take part in the water entries to be held in Richmond in May in connection with the state historical pageant. Crews will be sent from here to Richmond in July to take part in the events of the Southern Rowing Association.

A committee composed of C. J. Muller and J. Sid Douglas was named to arrange for dredging in front of the company's clubhouse. A time club, phone gong, new chairs and other accessories were ordered for its clubhouse.

R. Meade Jefferson, formerly of 1754 Kenyon street, Washington, was admitted to membership.

WRIGHT FAILS TO APPEAR TO PROSECUTE

Case Against Mrs. Mary L. Baggett Continued Till March 6th

DECLINES TO QUASH

Court Announces Case Will be Dismissed Unless Wright Appears Monday or Gives a Reasonable Excuse.

When the case of Mrs. Mary L. Baggett, charged in a warrant issued some time ago with making an alleged false statement relative to the residence of Mrs. Isabel Wright, wife of Thomas J. Wright of Riverdale, Md., was called in the Police Court today, Wright, the complaining witness, failed to put in an appearance.

Attorney Frank Stuart, who appeared to prosecute the case for Wright, stated to the court that Wright is now a student at the vocational training school in Washington, and for some reason he had to be sent to the hospital. Attorney Stuart, however, said he told Wright that he should have had a doctor's certificate to be presented to the court. Mr. Stuart said he had not seen Wright since Monday or Tuesday. Under the circumstances he asked for a continuance.

On behalf of Mrs. Baggett, Attorney Edmund Burke said he was ready to proceed with the case, and afterward he made a motion to quash the case and dismiss the warrant. After arguments Justice Duvall overruled the motion of Mr. Burke and fixed upon next Monday at 10 o'clock for hearing the case.

In granting a postponement of the case, Justice Duvall stated that in the event of the failure of Wright to put in his apeparance next Monday morning he will dismiss the case against Mrs. Baggett.

Attorney Burke told the court that if there was anything to warrant a continuance he had no objection. He added: "We can't wait here on a prosecutor or his counsel."

Attorney Stuart told the court that the reason he was present, Wright thought it a case that ought to be prosecuted. He added that he was placed in a position by Wright's absence that it was impossible to go on with the case. There is no intention on the part of the prosecuting witness, he declared, to prosecute the case.

In his motion to quash the case Attorney Burke declared the warrant to be faulty, claiming there was no allegation made in the wararnt as to what charge Mrs. Baggett must meet. He said he would like to find out what the alleged false statement was.

Continuing, Mr. Burke said: "We are here in a blind alley groping in the dark." The warrant, he declared, was silent on the question of periury or false swearing on the part of Mrs. Baggett. Mrs. Baggett's testimony, he asserted(was absolutely and unqualifiedly true, and on these grounds he asked the court to quash the warrant against the accused.

Mr. Burke quoted a number of authorities and declared among other things that the warrant in the case of Mrs. Baggett fails to charge any offense. Mr. Burke also told the court that Mrs. Baggett's reputation for truth and veracity can not be assailed.

Fire Demonstration

Captain Lannahan and a picked crew of firemen from No. 4 Truck Company, of Washington, D. C., demonstrated the correct use of a hose on a ladder before a large group of Alexandria firemen here yesterday. This was a practical demonstration and the building used was Elks Hall on Prince street.

Captain Lannahan and his crew used Relief Company's big ladder against the side of Elks Hall and demonstrated the manner in which the hose should be carried up and down the ladder; the locking of one's self to the ladder when at the desired height, and the correct handling of the hose upon the ladder, along with other features.

Chief E. J. McDermott considers himself fortunate in being able to arrange this demonstration. The methods used by the Washington firemen are those taught by the New York Extension College. The Alexandria firemen will receive instruction from this school, beginning in a short time.

Capt. Wm. Worth Dempsey Buried in Arlington

The remains of the late Capt. Wm. Worth Dempsey, who died in Los Angeles, California, on the nineteenth of February, were interred in Arlington Cemetery with full military honors on February 27. Capt. Dempsey was essentially an Alexandrian and claimed this as his home as it was the home of his paternal ancestors. Here he resided for a number of years during his early life and his attachment for our old city never changed. He was appointed to West Point from Virginia through the Hon. John Lamb and was graduated in the class of 1916. He was assigned to the cavalry and saw active service on the Mexican border. When war was declared with Germany he was stationed at Eagle Pass, Texas, but was soon after promoted to the rank of major and transferred to Greenville, S. C., where he served as Provost Marshall until his health became impaired as a result of an attack of flu from which he never entirely recovered. He was later retired from active service on account of ill-health but in a short while was recalled and assigned to duty as military instructor in Los Angeles, California. Besides his relatives Capt. Dempsey had a host of admiring friends in Alexandria and his record in the army, among both officers and men in the ranks, is a glowing tribute to his character. An incident occurred at his grave which, perhaps best of all, illustrates the degree of respect and affection in which he was held by his men. While stationed at Eagle Pass just after the declaration of war, Harry S. Mercer from near Pittsburgh, Pa., a volunteer, was assigned to his company and soon became bugler and orderly to Capt. Dempsey and remained with him until the close of the war. Hearing of the Captain's death, he requested the privilege of sounding "Taps" over the grave of the "Prince" as he said Captain Dempsey was affectionately called by all his men. His request was granted by the military authorities and wearing his service uniform, young Mercer performed this touching ceremony with the bugle he had used while in the army.

There are a number of young men besides Capt. Dempsey from this city, who served as commissioned officers in the late war who returned to us bearing the praise and affection of those whom they commanded and it is a matter of satisfaction that another of this type is added to Alexandria's soldier list. For such praise and devotion from the private in the ranks is the most desirable tribute possible to the real manhood of the officer.

Captain Dempsey had recently been elected to take the degrees in Alexandria-Washington Lodge A. F. and A. M. of this city but died before receiving them.

The honorary pall-bearers were Major D. L. Weart, Major E. G. Bliss, Major J. A. Lester, Major W. A. Snow, classmates of Capt. Dempsey and Messrs Alfred Thomson, J. Stewart Jamieson and C. Aubrey Callahan.

ALL READY FOR CONSTRUCTION OF HIGHWAY

Ordinance For City to Pay Half Interest Charges Approved

WORK SOON TO START

Supervisors of Fairfax Hope to Have Fourteen Miles Completed This Summer—To Cost $500,000.

The ordinance providing that the city of Alexandria pay one-half of the interest charges on the loan of $500,000 to be borrowed by Fairfax County for the construction of the Little River turnpike, between Alexandria and Fairfax courthouse, a distance of fourteen miles, today was approved by Mayor J. M. Duncan. This act is the last one before the actual construction of the highway.

The board of supervisors of Fairfax County has notified the State Highway Commission that now everything is in readiness for beginning the work, an dthey have asked permission of that body to start at once. The work will be done by contract by Fairfax County. It is believed that the actual construction work will be started within the next thirty days. The supervisors of Fairfax will ask the Highway Commission to be permitted to put a sufficient number of contracts in charge to complete the road this summer.

The completion of this highway will open up a large part of this section of the country to Alexandria merchants. Efforts to secure the construction of this highway have been in progress for a long time past, and representatives of the Alexandria Chamber of Commerce and others interested have worked assiduously to bring out its construction.

As heretofore stated in The Gazette, Alexandria agrees to pay $15,000 a year for a period of not to exceed five years. It is not believed by city councilmen that Alexandria's part of the interest will exceed $35,000.

APPROPRIATION FOR NAVY FUEL IS CUT IN HALF

House Committee Reduces Sum from $12,000,000 to $6,282,685

APPEAL TO HARDING

Deficiency Bill Carries Total of $108,415,287, Most of it for Veterans.

Washington, March 2.—Following the refusal of the House Appropriations Committee yesterday to approve the deficiency estimates of the Navy Department, particularly an estimate of $11,057,601.32 for fuel supplies, Secretary of the Navy Denby hurried to the White House and laid the whole problem before the President.

It is understood that to reduce the fuel supply appropriations to $6,282,685.33 would practically paralyze fleet operations at sea.

Almost immediately after the Secretary left the White House, Chairman Madden, of the Appropriations Committee, appeared and was closeted with the President for a considerable time, going over the same ground. After the conference, Mr. Madden intimated that the committee would stand pat upon its report of today.

Naval Demands Denied

The committee today denied an estimate of $60,198,821.66 for the Navy Department, urgently requested by Secretary Denby. The important items were: $40,328,740.42 for clothing and small stores fund and $11,057,610.32 for fuel and transportation.

The item for clothing and small stores, while disallowed as a direct appropriation, is provided for by transfer of other funds.

"The principal item in the request," Chairman Madden said, "is $11,057,610.32 for fuel, of which the committee has recommended $6,282,685.33. The appropriation for fuel for the navy for the current year is $17,500,000. This sum, with the exception of $1,600,000, had been expended December 31, 1921, and it is estimated by the Navy Department that the $1,600,000 was exhausted early in February. The sum allowed by the committee, on the basis of covering a period of five months, would allow approximately $1,250,000 per month for the remainder of the current year.

"If expenditures should be allowed for the remainder of the current fiscal year on the basis of the amount expended during the first six months an appropriation for the entire year of $32,000,000 would have been required. The fuel appropriation for the fiscal year 1916 was approximately $5,500,000. The amount for the current year, if the $6,282,685.33 is approved, will be $23,782,685.33."

Secretary Denby told the committee that on account of the situation respecting fuel that the department is "figuring on slowing up as much as we can."

He stated that it is necessary to keep the ships steamed up and to keep the men in training.

Tie Up More Costly

"You can not keep them in port all the time," he said. "Their deterioration would be very much more expensive than the additional cost that would be incurred for fuel."

He stated that the plan is to cruise the ships six days per month after March 1.

THE DIVORCE PROBE

Committee Will Resume Investigation Tomorrow—To Cross Examine Frank Stuart

The special committee of seven engaged in the task of probing the alleged divorce evil in Alexandria will meet again at 10 o'clock tomorrow morning in the Corporation Court. Among the matters scheduled for tomorrow in connection with this investigation is the cross-examination of Attorney Frank Stuart by Attorney John S. Barbour of Fairfax. Mr. Barbour represents Judge Robinson Moncure in this investigation. Several more witnesses probably may be called before the committee tomorrow. The committee may finish up its work Saturday.

JEWISH RELIEF DRIVE

Sum of $1300 Collected Thus Far—City's Quota is $2000

L. Ruben, chairman of the committee in charge of the Jewish Relief Drive, appeals to persons who have not yet contributed to this cause to do so at once. Only about a week more remains for the completion of Alexandria's proportion of the fund and up to the present time approximately only $1300 has been collected. The total set for the city's quota is $2,000. Contributions may be sent to Mr. Ruben or to J. T. Preston, treasurer, care of the chamber of commerce.

IN CONGRESS YESTERDAY

HOUSE

Met at noon and adjourned at 4:40 p. m., until noon today.

By a vote of 264 to 20 passed the Senate bill extending indefinitely the time during which draft evaders and deserters from the army and navy during the world war could be prosecuted.

Agreed to the conference report on the bill enabling the Secretary of War to complete the acquisition of title to certain tracts of land taken over during the war.

Aliens who have been admitted to the United States under bond in excess of the quotas fixed by the 3 per cent immigration act would be permitted to remain here permanently under a bill introduced by Representative Johnson, of Washington, chairman of the immigration committee.

The naval affairs committee, which has been considering the advisability of retiring to private life all of the 541 members of the first class at the Naval Academy at Annapolis, were told by Rear Admiral Wilson, superintendent of the academy, that all of the members ought to receive their commissions as officers.

Republican members of the ways and means committee virtually agreed upon elimination of the cash feature of the soldiers' bonus.

Chairman Fordney announced appointment of a special subcommittee of six to "work out some plan that would not entail any large drafts on the Federal Treasury within the next two years."

Chairman Focht, of the House District committee, at the request of the District commissioners, introduced a new bill for the merger of Washington's street railway systems.

The bill provides that beginning July 1 next, each street railway corporation shall pay annually, in lieu of all other taxes on personal property and franchises, a tax based upon oprating incomes above 6 per cent of would be 50 per cent in excess of operating incoms above 6 per cent of the fair value of the property.

SENATE

Met at noon and recess at 5:20 p. m., until noon today.

By a vote of 67 to 22 ratified, with out reservations, the treaty between the United Stats and Japan, confirming American cable and ratio rights on the island of Yap.

Ratification followed an all day battle, during which half a dozen amendments or reservations were proposed and rejected by decisive votes.

Thirteen Democrats voted for ratification of the Yap treaty and only three Republicans against it.

A partial conference report on the Interior Department appropriation bill was adopted.

A report from the Secretary of the Interior was submitted recommending the immediate construction of a $150,000,000 irrigation project in Imperial Valley, Calif., to reclaim 2,500,000 acres of land and remove the menace of floods throughout the valley.

A bill to extend the Federal warehouse act to permit the licensing of warehouses for storage of agricultural products was introduced by Senator Harris (Democrat), Georgia.

F. E. Scobey, of Texas, was nominated to be director of the mint and Clifford E. Waller to be surgeon in the United States public health service.

Chairman Cummins of the interstate commerce committee, called a meeting of that committe for next Saturday to consider whether legislation amending the transportation act to meet the situation caused by the Supreme Court's decision in the Wisconsin rate case should be pressed.

President Francis P. Garvin, of the Chemical Foundation and former alien property custodian, before the dye investigating committee blamed German agents and sympathizers for the "continual barrage" of charges against the American dye industry and himself.

SEEK ACTOR IN TAYLOR MURDER

Police Look For Man Said to Have Drug Peddlers' Confidence

Search Based on Story Told by Mrs. Rupp In Connection With Shooting

Los Angeles, March 2.—Arrest of a seventh man, which, if effected, they said, would bring into custody a motion picture actor of some prominence, was predicted last night by local officials in connection with their investigation of the murder of William Desmond Taylor, motion pitcure director.

They said the man was believed to have been in the confidence of peddlers of drugs and liquor.

The officers declined to make his name public prior to the arrest.

Six men already are under arrest as a result of disclosures made yesterday by Mrs. John Rupp, which, it was indicated, also form the basis of the prospective arrest.

The six men arrested yesterday, said to have been engaged in selling drugs and bootlegging, were grilled by detectives today. The results were not made public beyond the opinion that one of the men was on the verge of "breaking."

Sheriff's deputies questioned a Chinese motion picture actor known only as "Jim," but said once to have been employed by Taylor. They stated they learned nothing of importance. The police said "Jim" was not the actor whose arrest was a possibility tonight.

Mrs. Rupp, who is said to be known also as Mrs. May Lynch, made to the police a formal statement of 10,000 words, detailing her version of incidents which she said she believed connected the si xmen arrested at her home yesterday with the Taylor murder mystery.

Among her statements was one that one of the men, George Calvert, known also as Rodney Calvert, 25, declared in her presence he would shoot Taylor if the director made good an alleged threat to report the sale to him of synthetic liquor as bonded goods.

LLOYD GEORGE THREATENS TO RESIGN POST

Serves Ultimatum On Austen Chamberlain Unless Intrigue is Stopped

TORY WHIP IS LEADER

Grave Consequences Are Predicted if Liberal Ministry Falls And Opposition Prevails

London, March 2.—Premier Lloyd George has written a letter to Austen Chamberlain, leader of the Conservatives, stating that unless the latter can stop the "die-hard" intrigures against the Government, the Premier will resign.

As a result of this move, Britain may be faced with a crisis of the first order. Sir George Younger, leader of the revolt against Lloyd-George is chief whip of the Conservatice party, and is a leader at the Carlton Club, the Tory headquarters, where he is said to have gained almost universal support.

Many Conservatives are anxious not only to regain their complete liberty of action by breaking up the coalition, but are fearful that if Lloyd George succeeds in forming a Center party of progressive Conservatives and coalition Liberals, their own party will be wiped out of existence. Then the politics for which they stand will be overridden at every point.

Lord High Chancellor Birkenhead and Colonial Minister Winston Churchill will support the Premier. Only last week Lord Birkenhead, referring to Sir George Younger's activities, declared that the Conservatives must decide whether the ship "will be run by the captain or the cabin boy."

Mr. Chamberlain also is favorably disposed toward the idea of a center party. He believes politics has been so transformed by the war that conservatism of prewar days must be abandoned if the party is to survive.

In any case, Mr. Chamberlain must now assert his authority over the Conservative party and get rid of his chief whip or resign his official leadership. He has stated more than once that he can retain his position only so long as he is supported in maintaining the coalition.

Lord Birkenhead has frankly declared that, in his opinion, the Conservatives do not stand a dog's chance of winning an election of their own. To essay it would be sheer madness, he says. Three recent by-elections, in two of which Conservatives were soundly beaten in a straight fight with Labor and a third where the despised Independent Liberals administered an even more humiliating drubbing, gives point to the Lord Chancellor's contention.

In general the House of Commons feels that the crisis may be smoothed over superficially by the Premier's drastic action. The coalition, divided on most points, is a unit in its fear of an early general election. The "die hards," who are to rule or ruin the party, are ready to take the consequences, but it is a question whether Fabian tactics may not be more agreeable to the majority, even of the Tories.

FIREMEN'S BANQUET

Columbia Company to Celebrate 51st, Anniversary Next Thursday Night

Plans are being completed by the Columbia Engine and Motor Company No. 4, for a banquet which will be given next Thursday night, March 9, in observance of the fifty-first anniversary of the organization of this company. The banquet will be held at the company's house and a number of out of town speakers will be present and make addresses.

RESPIRATION

Variation in the rate and character of the breathing of a sick person should always be noted by the person taking care of him since a marked variation may be a very important indication of a change in his condition. The normal rate of respiration for an adult at rest is from 16 to 20 each minute, but it may be much faster, especially during muscular exercise. In babies the rate is about 30 to 35 a minute, and in little children from 20 to 25. The respirations, especially for babies, can best he counted during sleep by placing the hand lightly on the chest or abdomen. Since the respiration rate is partly under a person's control, it is almost sure to alter if the patient knows it is being counted; hence it is better when the patient is awake to keep one's fingers on his wrist, place his hand on his chest and then count the rise and fall of the chest while apparently counting the pulse.

Sometimes it is possible to count the respirations merely by watching the rise and fall of the night gown or bed clothes. The respiration is usually counted for a full minute instead of for a half minute and then multiplying by two as in the case of the pulse. A watch with a second hand must be used in this count also and the result should be recorded immediately for the doctor to see when he comes.

In certain forms of sickness there is a marked variation from the normal rate of breathing. If the lungs or air passages are effected, as in pneumonia, tuberculosis and certain types of throat trouble, breathing may become much more rapid than normal. The rate of respiration is not the only thing that should be noted by the person caring for a patient. Careful note should be taken whether breathing seems difficult or painful, and if it is noisy whether the sound is like snoring or wheezing or sighing, and so on. All of these things should be reported to the doctor as each one of them may have a very decided bearing on the treatment of the case.

Summer Tourist Rate

Jacksonville, Fla.—"General Passenger Agent, H. F. Cary, of the Southern Railway System announced here to-day the Southern will put in round trip tourists for the coming Summer Season at eighty per cent of the double one way fares, which is a very substantial reduction under the tourist fares in effect last Summer For example where the one way fare is ten dollars, the round trip fare this of nineteen dollars and forty four year the round trip would have been eighteen dollars plus one dollar forty-four cents War tax, making total of nineteen dollars and fortyfour cents. These rates will apply from all stations to all mountain and seashore resorts reached by the Southern and are expected to have a great effect in stimulating tourist travel."

Sweden's mortality in 1920 was the lowest in the history of that country.

American trout planted in Australian streams have thrived so well that many of them have grown to enormous size.

Exercise For The Baby

Exercise is essential to the development of the body, but during the first few weeks of life warmth and quiet are so important to a baby that he should be disturbed except for necessary care. His position, however, should be changed occassionally; if he lies on the same side constantly the soft bones of the head may become misshapen from pressure. As the baby grows older he needs more exercise, and he may be given an opportunity for it by removing his outer clothing and placing him on a bed in a warm room for a short time each day. Unnecessary handling is not good for a baby at any age.

After he becomes active, the baby may play on a mattress or thick blanket placed on the floor. The blanket should be covered with a washable pad or a rubber cloth and a clean sheet, and the whole should be sorrounded by a fence at least two feet high. In such an enclosure a baby may safely be left to play if he is protected from draughts and cold and if someone is within earshot to hear him if he cries. He can crawl about at will within the enclosure without any danger of getting into mischief or trouble and the blanket protects him from the cold floor and from dust. Later on when he becomes stronger the fence helps him to learn to walk as he can pull himself up by it and stand or even walk a few steps holding on to the top. Elevated pens that can be folded when not in use are more convenient but also more expensive than the home-made arrangement.

As soon as a child begins to run about he takes ample exercise and it may even be necessary to guard him against fatigue, especially toward bedtime. All games and play should be adapted to the age of the child and sufficiently varied to exercise all portions of the body. They should not be too violent not too prolonged, and care should always be taken not to urge the child beyond his strength or his understanding. Some supervision of children's play is necessary, but they should be given as much freedom as possible and allowed to develop their own initiative. The child who is watched too closely is often unfitted to make the decisions and solve the problems that are forced upon him in later life.

The Baby's Toys

The baby does not need expensive toys, and he should never be given too many toys at the same time as this tends to keep him from really enjoying any of them because his attention is constantly being distracted by something else. If he is swamped with presents at Christmas and birthdays it is well to put some of them away and let him have a few at a time, changing them from time to time if he becomes very weary of them or if the ones he is playing with are broken. A baby's taste is very simple and he will play as contentedly with a box of clothpins or an empty talcom powder box as with the most expensive toy.

Everything the baby plays with should be absolutely clean and capable of being washed thoroughly with soap and water, as sooner or later everything that is given him goes into his mouth. For his safety and protection this habit must be overcome as soon as possible and he must learn to put nothing in his mouth except food and drink, but until he learns this it is unwise to give him toys with sharp corners or small detachable parts that he might swallow. Rubber toys are the best of all because they are easily kept clean, are soft to the touch and unbreakable, and there are also many toys made now of white toweling crash that can be washed as often as necessary. The baby's playthings should be kept clean in a place, preferably in a special toy box in the nursery, and not thrown into a dark corner of the closet.

The desire for play does not develop until a child is about six months old, and he should not be forced to notice things that do not attract him naturally before that time. Toys are the first posessions of which a child is conscious, and through them many desirable qualities may be developed; neatness and order, as he may be taught to put his own things away; gentleness and a feeling of protection toward the helpless doll or Teddy bear; and unselfishness in sharing special treasures with playmates. Later the child may be given pets and made responsible for their care, but animals that children play with should be kept scrupulously clean, and no animal should be subjected to the unintentional cruelty of small children. A child should never have a pet until he knows how to be gentle with it.

Fresh Air For The Baby

All that has ever been said about the importance of fresh air for adults applies with even greater force to infants and children. During his first month especially a baby is susceptable to draughts; never-the-less the room should be well ventilated and its temperature kept between 68 and 70 degrees F. during the day and at about 65 degrees during the night. Even in cold weather the room should be well aired two or three times during the night. Even in cold weather the room should be well aired two or three times during the day, but the baby should be removed to another room while the windows are open.

After the baby is three or four months old the windows may he left open at night, provided the outside temperature does not fall below freezing. A healthy baby two or three weeks old may be taken out of doors for a short time in mild weather if he is well protected. When he is three months old he may be taken out of dors even in winter on bright sunny days. The time spent out of doors should be gradually increased until the baby stays out the greater part of the day, but he should never be exposed to storms, wind, flying dust, dampness, extremes of tempature or insects. His eyes should not be covered with veils but they should be protected from the direct rays of the sun at all times.

SUBSCRIPTIONS COMING IN

Norfolk, Va., Feb. 21—Hampton Roads has done itself proud in response to the apeal for the relief of the Jewish war sufferers in Middle and Eastern Europe. Norfolk subscribed its quota of $35,000 and contributions are still coming in. Newport News went over the top with a slam. This energertic city, under the able direction of its committee headed by Samuel Mirmelstein and H. M. Shapiro, not only subscribed its quota of $7,500 in one night, but capped it with $2,500 more. Newport News, in short, contributed $10,000 in one night for the relief work.

Portsmouth subscribed $6,000 of its $7,500 quota in one night and will report the rest this week. This comes near putting Hampton Roads at the head of the relief work in Virginia, with $51,000 subscribed and more coming—a sum equal to more than one-fourth of the entire state quota of $200,000.

State Chairman Moe Levy was delighted at the news from Portsmouth and Newport News. He telegraphed congratulations to Rev. Dr. Edward N. Calish in Richmond, who spoke at the Newport News meeting, and to Dr. Mendoza, who spoke at the Portmouth meeting, and to the Committee Chairman in both cities—Samuel Mirmelstein and Isaac Fass, respectively,

"It has been splendid," he said today. "No greater work has been done in any part of the country than in the Hampton Roads district. Thanks are not only due to the committee for their great work but to Dr. Mendoza and Dr. Calish, who have been untiring in their zeal. The response to their earnest appeals speaks for itself.

"How do you feel about reforming the movies?"

"Most of the pictures I've seen are more to be pitied than censored."—Judge.

NOTICE

I have removed my entire stock of drygoods, etc., from 1315 King Street to 15 Cedar Street, Rosemont.

Mrs. C. J. Goldsworthy

FOR SALE

85 shares of the stock of the Alexandria Water Company at $100 per share, in lots to suit the purchaser. The company pays $5.00 per share dividend per annum.

The company being chartered in this State, its stock is free from State taxes. It is also free from normal Federal Income taxes.

CITIZENS NATIONAL BANK

CORNS

Lift Off with Fingers

Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn or corn between the toes, and the callouses, without soreness or irritation.

FOR SALE

WOOD—Stove length, $12.00 per cord. Call 776 or 268.

6-tf. ROBERT ARNOLD

Personal

Metzger's Catarrh Medicine

Owing to the recent snow storms, the shipments of this wonderful medicine did not arrive in time, but it can now be obtained at the following reliable druggists: Gibson's, Creighton and Co., Ashton and Co., Leadbeater Drug Corp., Frank Warfield, Edgar Warfield, Jr., The Rexall Store.

M. MED MFG. CO
Bethlehem, Pa.

PIGGLY WIGGLY

We Invite

The entire public to PIGGLY WIGGLY to view this modern store beautiful. We have every table wish in groceries of every description. You will be satisfied and at MONEY SAVING PRICES that will make you—if not already one—a regular enthusiastic customer of the low prices and quick serving PIGGLY WIGGLY STORE.

CAN CORN
On Top 11c
Woodsboro 11c
Dinner Ready 15c
Premier 22c

PORK AND BEANS
Campbell's 10c
Snyder's 10 1-2c
Wagner's 10 1-2c

LIMA BEANS
Needmore 14c
Torch's 22c

SOAP
STAR FELS ..... for 4
OCTAGON SWIFTS WOOL 24c

Clymer Jelly, Glass 10c

Picnic Olives Large Jar 20c

CAN PEAS
Eden Brand 10c
Riverview Brand .. 15c
Pure Fine Brand 18c
Premier Brand .. 27c

Sauer Kraut No. 2 1-2 can 20c

Del Monte Spinach, can .. 25c

Picnic Hams Per Pound 17 1/2c

Let us suggest a few items suitable for your table during Lent. Many others:

Gortons Cod Fish Shredded and Boneless 1 pound box 28c

Gortons Ready to Fry Cod Fish, can 18c

Smoked Bloaters each 10c

Norwegian Mackerel 10c

Strickly Fresh Eggs, dozen .. 35c

Fresh Shrimp can 22c

TUNA FISH
1 Pound can 35c
1-2 Pound can 25c

Red Salmon 30c
Pink Salmon 15c
Chum Salmon 11c

ALBERMARLE Pure Creamery Butter, pound 40c

QUAKER OATS
Small 11c
Large 26c

KRUMMS
Macaroni Noodles Spaghetti 10c

PANCAKE FLOUR
Armour's 10c
Virginia Sweet 12c
Aunt Jemimas 15c
Pillsbury's 15c
G. M. Buckwheat .. 11c

Large Prunes pound 16c

Peaches Pound 20c

Domino Package Rice Clened and Washed, pound 10c

We Carry a Complete Line of Fresh Fruits and Vegetables

The Logical Result

—of the best ingredients, the most advanced methods of mixing bread doughs and baking—is

CORBY'S MOTHER'S BREAD

MADE RIGHT HERE IN ALEXANDRIA

Superior Bread—because nothing is left to chance; nor guesswork.

Every ingredient must measure up to the Corby standard. The Corby mixing process was specially designed to develop in the doughs ALL the gluten content of the flour — impossible except with this patented machine.. And the actual baking is done under precise scientific control. Thus

CORBY'S MOTHER'S BREAD

is not only 100 per cent PURE; but also 100 per cent NUTRITIOUS.

"It's Full of Life"

"Pure as Mother Made It"

Guaranteed by

The Corby Baking Company

CITY NEWS IN BRIEF

Alexandrians are busily engaged today in clearing their pavements of the two inches of snow and sleet which fell yesterday and last night.

Dr. Kate Waller Barrett returned to this city today. She addressed the League of Women Voters of Fredericksburg last evening on "The Last Days of the Disarmament Conference."

The Rosebud Juniors of Alexandria are now booking games for the coming base ball season and would like to hear from all junior teams. George R. Fletcher is managing the team and may be found at 422 North Alfred street.

The regular prayer meeting will be held tomorrow afternoon at 3 o'clock in the Anne Lee Memorial Home. All are invited.

Russell Mitchell Post, No. 609, Veterans of Foreign Wars, meets tonight at 8 p. m.

The regular monthly meeting of the Advertising Club will be held in the Chamber of Commerce rooms tomorrow evening at 8 o'clock.

Mrs. George Newman, (nee Cook,) of Unionville, Orange County, Va., is visiting her parents Mr. and Mrs. Oscar Cook, in Queen street.

A meeting of the manufacturers and jobbers bureau of the chamber of commerce will be held at 2 o'clock tomorrow afternoon for the purpose of electing a director for a term of two years.

The Richmond Theatre will show "Living Lies" again today. The Ingomar has Al Hart in "Flowing Gold." The Idle Hour is running "The Sheik" for the last time today. This picture has had a great run at the Idle Hour for the past two days.

There will be a celebration of the Holy Communion in St. Paul's Church tomorrow morning at 10:30 o'clock. All members of missionary societies in the different churches are invited to attend as this is strictly a service for missions.

The committee on arrangements for the Colonial Tea to be given this evening in the Young People's Building by the Philathea Class wishes to state that the best way to find out all about the program is to come. It is understood, however, that an excellent program and menu has been arranged for.

The Woman's Missionary Society of M. E. Church South will hold a service of prayer and praise tomorrow afternoon in the Sunday School room of the church from 2 to 4. This is an interdenominational service and a most cordial invitation is extended to all Missionary Societies of the city to come and enjoy this service with us. A specially prepared program for the observance of the day of prayer for missions has been arranged.

Three important meetings will be held in the Chamber of Commerce rooms tomorrow afternoon for the purpose of electing director of that body for the next two year term. These meetings will be the meetings of the Manufacturers' and Jobbers Bureau which will be held at 2 o'clock; the Publicity and Convention Bureau, at 3 o'clock; and the Traffic and Transportation Bureau, at 4 o'clock. A director will be elected from each of these bodies to serve for a two year period.

Louis Orriss left the Alexandria Hospital, Tuesday, after having been confined there since December 11, at which time he was seriously injured in the overturning of a whisky car at the corner of Patrick and Franklin streets, while being pursued by the police. Orriss was paralyzed from his waist down. His condition upon leaving is reported to have shown improvement. He was carried to a Philadelphia Hospital, it is said.

A meeting of the Alexandria Rod and Gun Club will be held at 8 o'clock tonight at the office of Attorney W. S. Snow when a constitution and by-laws will be adopted.

Leads Reporters at White House

Washington, D. C., March 2.—J. Russell Young was elected president of the White House Corrspondents' Association at the annual meeting of the association in the press room of the White House yesterday.

Other officers elected were: Frank Stetson, vice president, and Raymond Clapper, secretary treasurer. J. Bruce McNamee and Harry N. Price were elected members of the executive committee. Walter G. Ferguson, of the U. S. Secret Service, was elected sergeant at arms. A banquet committee, comprising Byron Price, John G. O'Brien, Geo. Durno, Isaac Gregg, Frank Lamb and Russell Young, was appointed.

CHURCH ELECTION

Methodist Protestant Elects Officers—Ask Retention of Rev. Robert Browne

The Methodist Protestant Church held its annual membership meeting last night and elected the following stewards to serve for the ensuing year: F. W. Ebhardt, Maury Gaines, F. W. Deeton, J. W. Allen; James Miskell, R. J. Ayers, W. T. Penn, Norman Roberts, G. Arthur, Thomas Simpson, Charles Jett, Howard Arnold, Harry Fletcher, Grier Hood, M. E. Parker, Louis DeMoll, Milton Penn, Paul Lindsey, H. B. Smith and Paul Weierback.

The following were elected members of the board of trustees: Harry Hammond, W. T. Penn, F. W. Deeton, Norman Roberts, Maury Gaines, M. E. Parker, James Miskell.

Delegates to conference are: F. W. Ebhardt, alternate; F. W. Deeton. The delegates were instructed to ask for the return of the pastor, Rev. Robert Browne.

Norman Roberts was elected church treasurer.

The Maryland conference meets at Chestertown, Maryland, in April.

Bible Thought for Today

Fear the Lord and serve him in truth: for consider how great things he hath done for you.—1 Samuel 12:24

NEWS IN THE GAZETTE 108 Years Ago

ALEXANDRIA GAZETTE

Commercial and Political

THURSDAY, MARCH 3, 1814

The election for Common Councilmen, which had excited an interest and activity amongst the inhabitants of the Town never before witnessed upon a similar occasion, terminated on Tuesday evening. The first Ward has elected two federalists and two democrats—the second Ward four federalists—the third Ward four democrats, and the fourth Ward three federalists and one democrat, giving a federal majority of two in the whole Council, according to the return of the commissioners.

THE FLOWER GARDEN

Thirty per cent of all flowers are white.

The lily of the valley is not a member of the lily family.

There are 782 varieties of Arctic flowers that have but two colors, white and yellow.

The thistle of Scotland is said to be the oldest national flower and its adoption is traced to the reign of Alexander III and the Battle of Largs.

Japan's most popular flowers are the apricot, cherry, chrysanthemum. iris, lily, morning glory, peony. plum, quince and wistaria.

The jasmine belongs to the same family as the olive and numbers more than 200 varieties.

A flowering plant abstracts from the soil water equal to 200 times its own weight.

The rose is England's national floral emblem. The fleur-de-lis is France's national flower.

Anemone means "windflower" and is so called because it is so delicately poised that it sways with the slightest movement of the atmosphere.

In a list of 1,000 flowers, 284 are white, 225 yellow, 223 red, 144 blue. 72 violet, 30 green and 22 orange.

Winchester, Va.—A distinguished party of Knights Templar, headed by Most Eminent Sir Joseph Kyle Orr, of Atlanta, Ga., grand master of the Grand Encampment of the United States of America, was entertained last night by Winchester Commandery No. 12. the "mother" commandery of Virginia, at its annual inspection.

The grand master was accompanied here by Right Eminent Sir Chester A. Gwinn, of Alexandria, grand commander of the Grand Commandery of Virginia, and by a number of past and present grand officers of the District of Columbia.

Eagles go to sleep about the time owls are waking up.

INDIGESTION DYSPEPSIA ACIDITY

MUST GO or MONEY BACK

Stomach Specialist Says: "Indigestion Troubles

Forget your Stomach troubles and begin to enjoy life, says Dr. Orth, for my famous Stomach Prescription can now be obtained at all drug stores, and is absolutely guaranteed to banish every sign or symptom of stomach distress,acute or chronic, or money back.

No matter what ails your stomach whether it is heaviness, soreness, gas belching or the most severe or chronic dyspepsia. Dr. Orth's Stomach Remedy is not only guaranteed to give instant relief, but it is also guaranteed to put your stomach in such good shape that it will be able to digest most everything.

If the food you eat sours on your stomach, remains undigested, and there is a fullness or bloating after eating, with pains in stomach and side, I can only say: Go to your druggist and get a package right away. The very first dose must bring quick and almost instant relief, and if after taking the last dose you can truthfully say it has done you no good, take it back to your druggist and get your money back. All good druggists can supply you.

N. Y. COURT SAYS SOMEBODY LIED

Question of Veracity Between Mary Pickford and Former Agent

Mrs. Wilkenning Says She Got Mary's Pay Raised—Mary Says She Didn't

New York, March 2.—Federal Judge Mack reached the conclusion yesterday that either Mary Pickford or Mrs. Cora C. Wilkenning, who sued the cinema actress for $108,000, had deliberately lied, and he left it to a jury to decide which one was guilty.

The jury returned its decision late in the afternoon, but as Judge Mack had gone home, the verdict was sealed and the question of veracity will not be publicly settled until tomorrow.

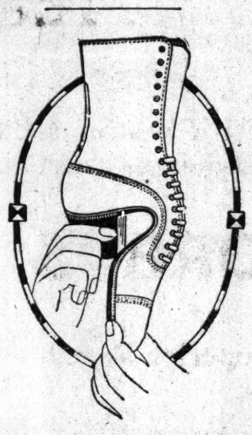
The lie, according to the judge, rested somewhere in the conflicting stories of the methods Mary used back in 1916 to get Adolph Zukor to raise her salary from $4,000 a week to $10,000.

Mrs. Wilkenning, whose business is that of locating jobs and better salaries for people who live by amusing others, claimed that it was she who persuaded Mr. Zukor to fatten Mary's income. She said the screen star came to her and told about hearing that Charlie Chaplin was making $1,000,000 a year, and she thought her curls and her pout were worth just as much as the comedian's derby and shuffle, or words to that effect.

According to Mrs. Wilkenning's story, it was agreed that she would sally forth and get other producers to bid for Mary's services, which would force Zukor to raise the ante, and then she would get 10 per cent commission on the new contract. Thus she claimed $108,000 as her commission and extra charges, because Mary got a $10,000-a-week contract running for two years.

Mary, who was in the courtroom with her husband, Douglas Fairbanks, and her mother, flatly denied Mrs. Wilkenning's story. Her lawyers told the jury that Mary was such a good actress that producers came around to her with tempting contracts, and that it was downright silly to think she would have to run around looking for a job.

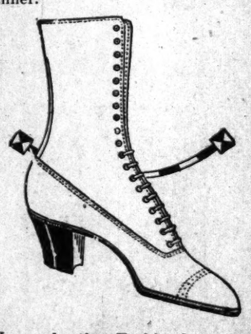
Mary's mother testified yesterday that Mrs. Wilkenning didn't have a thing to do with the contract, but wanted it signed in her office because it would lend her prestige. Mrs. Wilkenning's lawyer told what he thought about Mary's mother, and Mrs. Pickford almost cried. But she smiled again when Mary kissed her and told her to brace up and show her "Irish sense of humor."



Dame Fashion Cries "Comfort!"

Today the fashion magazines pay flattering attention to proper shoes; for not only have thoughtful women discovered the greater value of efficient shoes and the comfort that comes from wearing them, but Dame Fashion herself has placed the seal of approval on Cantilever Shoes.

Their medium rounded toes—"comfortable toes" as one society writer described them; their well placed heels of proper height; their snug fitting restful instep; their flexible arch, easing the foot in action and inducing grace in walking:—all these Cantilever Shoe features tend to improve a woman's health and her appearance, her peace of mind and her charm of manner.



No wonder that Fashion has created a new requirement in woman's correct attire: sensible walking shoes for daytime. The high French heel and sharp toe are confined to dancing and formal dress. Let us show you these Cantilever Shoes. You will like to wear them. They make you feel so happy!

CANTILEVER Shoe Shop

VETERAN'S BUREAU

Christmas in Hospital Was "Pretty Bad"

Mount Alto, Pa.—Nine patients of the hospital here for disabled veterans have written to the Veterans of Foreign Wars and The Stars and Stripes describing the "blue and dreamy Christmas" in the hospital and protesting against the stories in the newspapers describing the fine Christmas dinner and general enjoyment of the holidays. They tell of the men wandering aimlessly thru the hall and wards, depressed and discouraged. Most of the patients are suffering from tuberculosis and after the absence of holiday spirit on Christmas the nurses raised a fund among themselves and purchased the making for a New Year's dinner for the 200 disabled patients.

Indoors Woodrow Wilson Foundation

Brideport, Conn.—John H. Williams, department commander of the Veterans of Foreign Wars has called upon all posts and members of the organization in Connecticut to indorse and support the campaign for the Woodrow Wilson Foundation. He believes that the purposes of the Foundation are to help bring about the ideals for which America entered the war and for which the men in the expeditionary forces fought. A number of prominent members of the organization in the state are on the committee having charge of the raising of the funds thruout Connecticut.

New Post Started

New York, N. Y.—New posts of the Veterans of Foreign Wars have been established recently at Pontiac, Mich; Eau Claire, Wis; Pelham, N. Y.; West Orange, N. J.; Baltimore, Md.; Wilson, Pa.; Williamport, Pa.; Pittsburg, Kans.; Superior, Wis.; Jersey, City, N. J.; Chicago, Ill.; West New York, N. J.; Carthage, N. Y.; and Lawrence Kans.

Justice in the Army

"It is practically impossible to convict an innocent man of wrong doing in the Army," says Col. John H. Palmer, a member of General Pershing's staff who served as commanding officer in high positions in the A. E. F., in an article in the Veterans of Foreign Wars monthly for January. "The accusation must be made by someone who has knowledge of the facts, and who can produce evidence to prove them. The accusation and evidence must be presented under oath and are then investigated. The accused man is given every opportunity to establish his innocence and the accuser is strictly required always to produce evidence beyond any reasonable doubt".

World's Shipbuilding News

Reports of world shipbuilding construction now at hand for the past twelve months are of especial significance to shipbuilders because of trends for the future indicated by the figures, says Clarence Samuel King, secretary of the Atlantic Coast Shipbuilders' Association, in an article published in the current issue of the Association Bulletin.

Mr. King states that an analysis of recent figures shows that 188 seagoing vessels of more than 1,000 gross tons each and costing $325,000,000 were constructed during the past year, 87,750 tons of which were for foreign account.

It is also pointed out that in the case of tanker tonnage, two-thirds of the building last year was done in the United States while increases are also shown in the number of large vessels being constructed for in comparsion with 32 ships of 10,000 gross tons and over reported launched in 1990, there were 47 last year.

Aside from this, says Mr. King, motorship construction continues to gain and the few vessels of actual transatlantic liner type that have been built during and subsequent to the war, coupled with the inquiries that have been made regarding this class of tonnage, would seem to indicate revival in this direction.

Attention is called to the fact that when we add to these favorable indications the future possibilities of the motorship, which appears to have successfully passed the experimental stage in its economical development, and bear in mind also the need for conversation and reconditioning that will be sure to grow more pronounced with general trade revival, it is evident that the outlook is far from discouraging.

FEEDING THE HELPING PATIENT

When the patinet can be propped up in bed he can usually feed himself, but the nurse should be close at hand to guard avainst accidents. The most convenient means of placing meals before the patient is either a tray that has legs and can be set across the patient's body on the bed, or a bedside table that has a support only at one end and extends over the bed when wheeled up close. The patient who is strong enough usually prefers to feed himself, but helpless and weak patients must be assisted to eat or drink.

A napkin should first be placed under the patient's chin, then the attendant should place her hand under the pillow, raise the patient's head slightly and hold the glass to his lips with the other hand. An ordinary tumbler can be used by a person lying down if it is not more than a quarter full, or a special feeding cup may be purchased. Bent glass tubes may be used for cool liquids, but anything hot may break them. Such tubes should be washed immediately after using. A child who can sit up sometimes takes more nourishment if it is given through a soda water straw.

If the patient must be fed with a spoon, care should be taken that the liquid is not too hot but the attendant should not blow upon it to cool it. It should be given from the point of a spoon placed at right angles to the lips, and plenty of time should be allowed between mouthfuls. Also care should be exercised not to administer a swallow at the moment when the patient is drawing the breath in.

Great patience is required if a helpless person is to be fed acceptably. The attendant should sit by the bedside rather than stand, and should present at least the appearance of having unlimited time. The patient who feels that he is being hurried can not enoy his food and probably will not digest it well. The patient's appetite is probably extremely capricious, and nothing should be done that will deprive him in any way of any satisfaction he may derive from his nourishment.

The phrase palmy days originated in the Roman gladiatorial contests. A victorious gladiator received a palm branch as his reward of heroism.

THIN, FLAT HAIR GROWS LONG, THICK AND ABUNDANT

"Danderine" costs only 35 cents a bottle. One application ends all dandruff, stops itching and falling hair, and in a few moments, you have doubled the beauty of your hair. It will appear a mass, so soft, lustrous, and easy to do up. But what will please you most will be after a few weeks use, when you see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. "Danderine" is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. This delightful, stimulating tonic helps thin, lifeless, faded hair to grow long, thick, heavy and luxuriant.

KINDS OF DIET

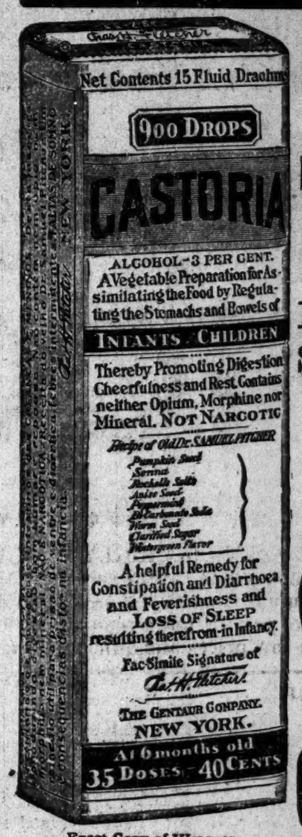
Diet for the sick is generally divided into four classes: liquid, semi-colon, light and full, according to the extent of the illness and the progress of the patient.

Liquid diet generally includes milk, eggnog, albumen water, broth, soup beef juices and thin gruel and beverages. Liquid diet makes the least demand upon the digestive powers because is consits of food already disolved and therefore nearer the condition in which it can be absorbed. Moreover, it is less likely than other foods to contain excess of fat, improperly cooked starches and other indigestible material. Liquids must be given at regular intervals and at shorter intervals than solid foods; six to eight ounces every two or three hours is not to much if the patient can take it. The doctor usually specifies the amount and the interval. Some patients will take more nourishment at one time if the interval is slightly increased.

Semi-solid diet includes all fluids and, in addition, soft milk toast, soft cooked eggs, well cooked cereal, custards, ice cream and ices, junket and gelatine jellies. Liquid or semi-solid diet is commonly given in acute fevers because digestive juices and other fluids of the body are then diminished, and because their digestion places a minimum of work upon a system already burdened with bacterial poisons.

Light or convalescent diet generally means a simple mixed diet. In addition to the articles in the two preceding diets it includes oysters, chicken, baked potatoes, most fruits except bananas, simple deserts, white fish and other meats and vegetables added judiciously until full diet is reached. Fried foods means an unrestricted menu, but even from full diets especially indigestible foods should be excluded. The principal feeding sedentary persons as described in manuels of dietetics apply to patients who are obligated to be inactive although not really ill, as for example a patient suffering from a broken leg. Ordinarily in such cases, as in other kinds of illness, the appetite is greatly diminished, but a word of warning should be given against overfeeding patients whose meals are their chief interest. Such patients are only too likely to interpret full diet as anything they desire in any quanity at any time of day or night, and then to attribute their discomfort and irritability to their illness rather than to overeating.

THE LAKE SCHOOL
Stenography and Typewriting
417 Southern Bldg.
Washington, D. C.
Day and Night Classes. Enroll at any time. Individual and class instructions. Speed dictation. Main 7519.


Net Contents 15 Fluid Drachms
900 DROPS
CASTORIA
ALCOHOL—3 PER CENT.
A Vegetable Preparation for Assimilating the Food by Regulating the Stomachs and Bowels of
INFANTS CHILDREN
Thereby Promoting Digestion Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC
Recipe of Old Dr. SAMUEL PITCHER
A helpful Remedy for Constipation and Diarrhoea and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.
Fac-Simile Signature of
THE CENTAUR COMPANY.
NEW YORK.
At 6 months old
35 DOSES—40 CENTS
Exact Copy of Wrapper.

CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria
Always Bears the Signature of
Chas. H. Fletcher.
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

ALEXANDRIA SEA FOOD MARKET

FOR FRIDAY AND SATURDAY

Fresh shad, Potomac herring, large rock, medium rock, white perch, yellow perch, green pike, mullets, sand perch, corp, dressed catfish, Spanish mackerel, flounders, fancy trout, butter fish, Potomac bass, sea bass, steak tile, steak halibut, steak salmon and cooked shrimp.

SALT FISH
Shad, Herring, Mackerel
SMOKED FISH
Snapping Turtles and Sliders

Economy For Our Customers

OYSTERS AND CLAMS
Shucked at House Daily

PRICES WERE		PRICES NOW	
Oysters, per solid quart	60c	Oysters Solid quart	50c
Oysters per solid quart	75c	Oysters Solid quart	65c
Oysters per solid gallon	$2.40	Oysters solid gallon	$2.00
Oysters per solid gallon	$3.00	Oysters Solid gallon	$2.60

Oysters Wholesale in Shell Special Prices

We Deliver to 5:30 P. M. **Phone 198**

ALEXANDRIA SEA FOOD MARKET

113 North Royal Street **Stephen Davis, Prop.**

Fish Time Is Here

The Beginning of Lent

Large and medium rock fish, Potomac bass, large white perch, steak halibut, fresh salmon, Potomac herring, Jersey trout, select Lynn Haven Bay and Cone River oysters.

Live and Dressed Chickens, lb. 35c

Sanitary Fish Market

City Market

J. H. Robinson, Prop.

We Deliver Until 5:30 P. M. Phone 735.

Alexandria Gazette AND VIRGINIA ADVERTISER

SIC SEMPER TYRANNIS

THEODORE HARRIS, President.

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FOREIGN REPRESENTATIVES
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For Greater Alexandria

Ferry to Maryland Shore.
Improved Highway to Fairfax.
Great White Way on King Street.
Belgian Blocks replaced on Washington Highway by asphalt.
North Alfred and Columbus Streets improved to Washington Boulevard.
New Public School.
Washington Boulevard made safe by abutting strips.
More Playgrounds for the children.
Public Park.
Modern Y. M. C. A. Building.
Reduction in Gas Rates.
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600 Houses or Apartments.
Municipal Pier

MEMORABLE RELICS

An interesting scene took place in the House last week, the occasion being the consideration of a joint resolution, transferring certain relics of Washington and Franklin now in possession of the Department of State to the Smithsonian Institute.

Congressman Moore, of the Eighth Virginia District, made an interesting address, recalling the proceedings had in Congress on February 7, 1843, when these priceless relics were accepted by the Senate and House. The resolutions then passed, said Mr. Moore, were most dignified and impressive. The ordinary business was laid aside in the Senate, which was addressed by Mr. Archer, of Virginia. In the House, Mr. George W. Summers, of Virginia, made the speech of presentation. Mr. Moore described his predecessor as a man of extraordinary vigor and eloquence, and a native of Fairfax County. When Mr. Summers had concluded, John Quincy Adams, of Massachusetts, delivered a notable and brilliant address. The galleries of the House were crowded with an anxious and attentive audience. Many senators occupied seats among the House members, as well as the representatives of foreign powers. The relics include the sword of Washington, the sword of Jackson, and the staff of Franklin. Mr. Moore introduced the speeches of Representative Summers and Senator Cass into the Congressional Record of February 22, and his explanatory remarks and these historic documents make extremely interesting reading. It was, indeed, a happy thought to embellish the Record with the fascinating account of the proceedings on a similar occasion eighty years ago. We shall take occasion to print these speeches in full in a day or two, as they will be of special interest to Alexandrians. Mr. Moore recalls a fact, not generally known, to the effect that the ancestors of Franklin and the ancestors of Washington were from the same beautiful section of England, namely, the village of Brington, a little east of the home and burial place of Lawrence Washington, and the village of Ecton, where lived and died the progenitors of Franklin. These two villages are only twelve miles apart. Mr. Moore's remarks close by saying: "Thus we may say that from the same far-off locality sprang two great forces which united here in the successful struggle for independence and free institutions."

DESERVED TRIBUTE

We take pleasure in printing a letter in today's issue, from our esteemed fellow-citizen, Mason Hirst, which eloquently expresses the gratitude of the people along the Fairfax Road for the unrelaxing efforts of Captain Evans and the Chamber of Commerce, as well as the wisdom of the City Council in passing the ordinance, in enabling Alexandria and its neighbors in Fairfax to exchange visits and courtesies throughout the year, with due regard for their comfort and convenience.

Ninth Anniversary of Wilson's Inauguration To Be Celebrated Today

Wilson Foundation Declares Wilson Telephone Day

New York, March 3,—Tomorrow, March 4, the ninth anniversary of Woodrow Wilson's first inauguration, will be celebrated in all parts of the United States by friends of the Woodrow Wilson Foundation, it was announced here today by Hamilton Holt, executive director. Mr. Holt said that date has been selected as Wilson Telephone Day and that all those interested in perpetuating the idealism of the former President through the Woodrow Wilson Foundation have been asked by the national committee and by state chairmen throughout the country to telephone their friends on that day telling them of the plan to establish the Wilson Awards for "meritorious service to democracy, public welfare, liberal thought, or peace through justice."

Mr. Holt said that it is the plan of the committee to secure the largest possible number of contributions to the fund of $1,000,000 or more now being raised to endow the Awards rather than to attempt to raise the fund through a few very large gifts. Telephone Day is expected to disseminate over a wide territory information in regard to the tribute to Mr. Wilson.

The announcement of Mr. Holt, in part, follows:

"State chairmen, county and district chairmen, and the local leaders of the Woodrow Wilson Foundation are urged to call the attention of all those interested to the plan to celebrate Wilson Telephone Day so that each one may be ready to call five persons on March 4th, outline the purposes of the Foundaiton to them, and give them the addresses of the nearest subscription stations or otherwise arrange for them to become founders of the Woodrow Wilson Awards.

It is peculiarly fitting that the Foundation should celebrate the anniversary of March 4, 1913. For the Foundation is non-partisan in all its purposes, and it was on that date that Mr. Wilson gave his splendid first inaugural in which he said that the success of a party meant little, that "This is not a day of triumph; it is a day of dedication. Here muster, not the forces of party, but the forces of humanity. Men's hearts wait upon us; men's lives hang in the balance; men's hopes call upon us to say what we will do. Who shall live up to the great trust? Who dares fail to try? I summon all honest men, all patriotic, all forward-looking men, to my side. God helping me, I will not fail them, if they will but counsel and sustain me.'"

Hopewell, Va.—Arrangements for the big celebration to be staged in Hopewell on April 13 in honor of the seventh birthday of the city, are now wel lunder way, and the day will be a local holiday, on which the plants will close for half a day and the business of the city will be at a standstill. A celebration was held last year in honor of the sixth birthday of the city, but the events next April will eclipse the past celebration.

SUCCEEDS WHERE DOCTORS FAIL

Lydia E. Pinkham's Vegetable Compound Often Does That.—Read Mrs. Miner's Testimony

Churubusco, N. Y.—"I was under the doctor's care for over five years for backache and had no relief from his medicine. One day a neighbor told me about your Vegetable Compound and I took it. It helped me so much that I wish to advise all women to try Lydia E. Pinkham's Vegetable Compound for female troubles and backache. It is a great help in carrying a child, as I have noticed a difference when I didn't take it. I thank you for this medicine and if I ever come to this point again I do not want to be without the Vegetable Compound. I give you permission to publish this letter so that all women can take my advice."—Mrs. FRED MINER, Box 162, Churubusco, N. Y.

It's the same story over again. Women suffer from ailments for years. They try doctors and different medicines, but feel no better. Finally they take Lydia E. Pinkham's Vegetable Compound and you can see its value in the case of Mrs. Miner.

That's the truth of the matter. If you are suffering from any of the troubles women have, you ought to try this medicine. It can be taken in safety by young or old, as it contains no harmful drugs.

Some couples are like a grand opery company—they git along fine in public. Next t' wearin' suspenders with a belt th' worst thing is wearin' spats without carryin' a cane.

(Copyright Nat'l Newspaper Service.)

COACHING

Mathematics, English, History, Geography, Latin and other subjects. Apply 1111 Duke Street. 52-1p.

Richmond—An additional appropriation of $30,000 a year for two years to assist the Medical College of Virginia and its 3 allied hospitals was granted yesterday by the Senate Finance Committee as an emergency measure. This action was taken as a result of the plain facts put before the committee on Monday by college officials after a conference with Governor E. Lee Trinkle.

COMMUNICATIONS

Editor.
Dear Sir:

Will you permit space in your paper, for us, to thank the many merchants and individuals who so nobly helped in our recent bazaar at Elks' Hall.

We also want to thank those of your staff who helped out in the advertisement and advancement of this bazaar.

We held this letter of thanks back purposely to wait for final returns, and can say that we went "Over the Top."

We are, sincerely yours,
The Committee
Howard L. Arnold, V. F. W.,
Chairman.

FLORIDA

BY SEA
BALTIMORE TO
SAVANNAH
$80.00 One Way. Round Trip, $155.75
JACKSONVILLE
$24.78 One Way. Round Trip. $44.60

Meals and stateroom accomodations included. Extra charge for Promenade Deck Rooms.
Tickets good to return until May 31.
Steamer every Tues. and Fri., 6 P. M.
Automobiles Carried
Merchants & Miners Trans. Co
Pier 3 Pratt St. Tel. St. Paul 4200
Baltimore

COMMUNICATIONS

Annandale, Va., Feb. 28th, 1922
Captain Geo. H. Evans,
Business Manager,
Chamber of Commerce,
Alexandria, Va.

My dear Sir:—

I shall endeavor to show to the people of Alexandria on these pages the love and appreciation that dwells in the hearts of the thousands of people so truly blessed by your able and earnest support, so earnestly and nobly used in the rebuilding of his historic but hitherto forgotten highway Little River Turnpike. We realize so clearly that with your wonderful courage and power we were able to bring forth a great victory where otherwise it would have been counted with the many defeats of the past, we feel that soon the transportation facilities at Fairfax Junction will be on the level with Washington which will mean that Alexandria and our county east of Fairfax Courthouse will soon be coming into its own.

The duty that these good people feel they owe to the great city of Alexandria is not only to deal there themselves, but to try and induce every loyal Virginian to deal there also. I think in this great battle and victory, it would be proper to say that with us we had, the high principles of Lee, the earnest prayers of Jackson, the wonderful courage of Washington and the warm and tender love of Wilson

This road will not only open up a wonderful country but it will heal many broken hearts, it has revived a deadened faith, it has opened a closed chapter and has turned a leaf in modern history, and we want the world to know that to our beloved Alexandria and to the members of their city council we bow in solemn praise.

Sincerely your humble servant,
Mason Hirst

MOTHER! CLEAN CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, give a teaspoonful to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste out of the bowels, and you have a well, playful child again.

Millions of Mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on the bottle. Mother! You must say "California" or you may get an imitation fig syrup.

THE BLUE RIBBON
Shoe Repairing Shop

The only Blue Ribbon Shop in Town

Frank Shapiro, Prop.

Do not throw away your old shoes because new ones are cheap!
Bring us your old shoes and we will fix them like new.
We use the best Leather
Give us a trial and you will find that we repair your shoes at the cheapest prices.
We also sell new and second hand shoes
407 King Street
Alexandria, Va.

Gains 10½ Pounds in 22 Days!

Miss Byrne's Measurements
Taken before and after her 22 day test of Ironized Yeast

	Nov. 10	Dec. 4
Weight	105 lbs	115½ lbs.
Bust	29 in.	31½ in.
Calf	12 in.	13 in.
Arm	9½ in.	10 in.
Neck	12¼ in.	12¾ in.

Free
Mail coupon below for the amazing Three Day Free Trial Treatment of Ironized Yeast. Watch the results!

Ironized Yeast Brings Amazing Improvement in Movie Beauty

ANOTHER startling evidence of Ironized Yeast's value as a weight-builder! In a test conducted under the supervision of a physician, Miss Dorothy Byrne, pretty artist's model and movie beauty, gains 10½ pounds—in only 22 days! Miss Byrne's measurements, taken before and after the test, are given at the left.

A striking example—yet by no means an exceptional one. For it is not at-all unusual for thin, nervous, overworked or run-down folks to gain five pounds and more on the *very first package of Ironized Yeast!*

Results in Half the Usual Time!

The reason Ironized Yeast brings such amazing results is because it not only contains just the right amount of all three essential vitamines, but in addition contains a type of yeast which has positively no equal as a reconstructive agent—a yeast which is cultured expressly for medicinal purposes, and which is entirely different from the yeast found in ordinary "yeast tablets."

But even more important than this is the fact that this yeast has been *ironized*—or treated through a scientific process with a special form of easily assimilated organic iron, similar to the iron found in spinach. When yeast is ironized in this manner it is found that results are not only more permanent, but are secured just twice as quickly!

Make This Amazing Test

Mail coupon for the amazing Three Day Free Trial Treatment of Ironized Yeast. Then watch the results! Note how it immediately increases your appetite and how quickly you begin putting on good firm flesh. See how quickly pimples, blackheads, etc., disappear and how your newly acquired "pep" makes hard work or play a pleasure instead of a task. Try IRONIZED YEAST today! Pleasant to take—will not cause gas or in any way upset the stomach. Special directions for children. Mail coupon Now!

Free Trial Coupon
The Ironized Yeast Co.
Atlanta, Ga., Dept.
Please send me the famous THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.
Name.....
Address.....
City..... State.....
Only One Trial Package to a Family

Note:—IRONIZED YEAST is sold at all Drug Stores on our guarantee of complete satisfaction from the very first package or your money refunded.

PREPARE NOW for Baby's Coming

THE expectant mother owes it not only to herself to prepare for an easier delivery, but to her child who should be stronger, healthier and more robust thru her care and intelligence.

What is one of the most important things a mother-to-be should do?

The universal answer from thousands of experienced mothers is this: The mother-to-be should massage the muscles and nerves involved in the function of child-bearing, daily, with an application of Mother's Friend. *Because*—

Three generations of mothers record the virtue of Mother's Friend for not only allaying distress in advance, but for assisting nature in assuring a speedy recovery for the mother.

So thoroughly has Mother's Friend proven its wonderful efficiency in thousands of cases, that any expectant mother who does not employ its use as directed deprives herself of a powerful agent for her relief and well-being, during the period of pending maternity, and of her prospects for an easier delivery when the eventful hour arrives.

The women who appreciate Mother's Friend the most, and who are loudest in their praise of it, are those who unfortunately did not use it with their first baby and who, thru its use with the second one, were able to fully realize the almost unbelievable relief it gave.

Mrs. Olive Vanden, 10 Grape St., Gallipolis, Ohio, says:

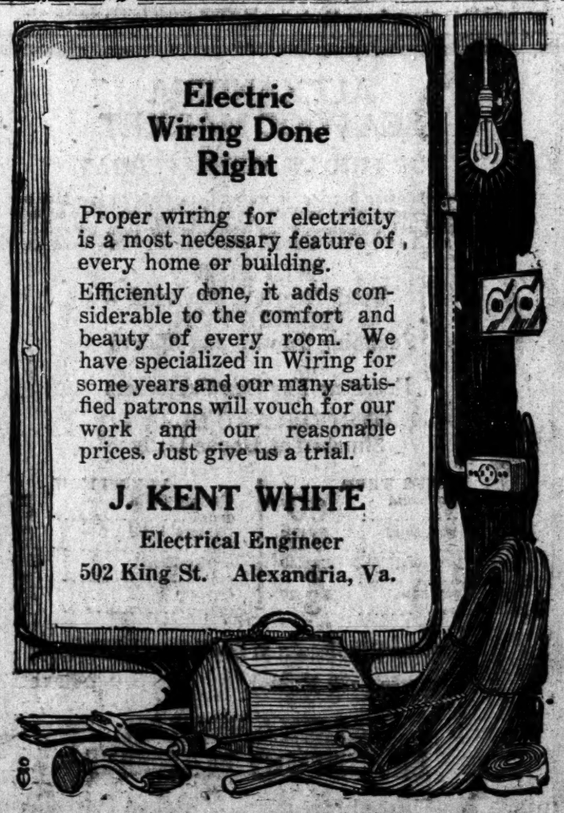
"Before using Mother's Friend I suffered from Wednesday 'till Sunday. With my next child I used Mother's Friend and was sick only about three hours."

Many doctors and nurses recommend Mother's Friend. For external use—*is perfectly harmless.* Begin its use at once. Sold by all druggists.

WARNING: *Avoid using plain oils, greases and substitutes—they act only on the skin and may cause harm without doing good.*

MOTHER'S FRIEND
Used by Expectant Mothers for Three Generations

BRADFIELD REGULATOR CO.
Dept. 40, Atlanta, Ga.
Please send me without cost a copy of your booklet on MOTHERHOOD and The BABY.
Name.....
St., R. F. D.....
Town..... State.....



Electric Wiring Done Right

Proper wiring for electricity is a most necessary feature of every home or building.

Efficiently done, it adds considerable to the comfort and beauty of every room. We have specialized in Wiring for some years and our many satisfied patrons will vouch for our work and our reasonable prices. Just give us a trial.

J. KENT WHITE
Electrical Engineer
502 King St. Alexandria, Va.

OLD DUTCH MARKET

This is the Most Up-To-Date and Sanitary

FISH MARKET

In Alexandria

With The Most Reasonable Prices

PAN TROUT, lb.	15c	BEST CHUCK ROAST, lb.	12½c
FRESH HERRING, lb.	15c	FRESH HAMBURG STEAK	12½c
FRESH STEAK COD, TILE and HALIBUT, lb.	30c	LEAN PLATE BEEF, lb.	6c
Large Oysters, quart	50c	BONELESS POT ROAST, lb.	12½c

Large Sound Tomatoes lb.	17c	A Complete Line of Strickly Fresh Bakery Products at All Times.	
New Cabbage, lb.	5c		
Irish Potatoes, 1-4 pk.	10c		
Fancy Kale, 1-4 peck	10c	Famous Old Dutch Coffee lb.	25c
Baldwin Apples 3 for	25c	Cream of Wheat	20c
Large Juicy Oranges, doz.	45c	Silver Lake Pears, large No. 3 can	25c
Good Heavy Grape Fruit 3 for	25c		

Disturbance of Special Sense in Illness

The special senses are frequently disturbed in sickness. Sight, hearing, taste, touch, and smell may all be impaired, either seperately or at the same time. The eyes maybe blood-shot, or the patient may be oversensitive to light, see spots floating before the eyes or be unable to see at all. The pupils of the eyes may be unnaturally large or small, or one may be large while the other is small. Swelling, redness or discharge from the eyes should be especially noticed. A heavy cold practically destroys both smell and taste temporarily, and almost all illness changes the quality of taste so that things that are pleasant to the taste when we are well become very disagreeable when we are sick.

In like manner are certain illnesses that make all the senses abnormally acute to that real suffering is caused by a very slight touch or by an ordinary sound. This is true of certain types of nervous troubles and may continue for a long time. Any discharge, from the nose or ears should be reported immediately to the doctor. Not only discharge, but rtouble of any kind, such as pain, tenderness or swelling, is important if situated near the ears.

The voice is often much altered by sickness. It may be weak, hoarse or whispered. Speech may be clear or thick or the ability to speak may be lost entirely. In extreme weakness speaking is generally difficult and may be impossible. Moaning, groaning and other unusual sounds should be noted. A loud, sharp cry at night, with or without waking, if a repeated occurence, may be an early symptom of some disease of children.

The tongue in health is red and moist, and when extended it is somewhat pointed and can be held steadily. In sickness it may be cracked, dry and parched, or if the patient is not properly cared for it may be covered with white, yellow or brown coating; in many exausting illness it is flabby and trembling. In scarlet fever the tongue is often a vivid red color, and is then called straw-berry tongue. The odor of the breath may be foul from decay or neglect of the teeth, from indigestion, constipation, nasal catarrh or special diseases. The throat and tonsils are sometimes red and swollen as in simple sore throat, or they may be covered with white patches.

All of these things must be carefully noted by the person who cares for a patient, as taken with all the other symptoms they may be important indications of the progress of disease.

COLDS

Most people do not realize the importance of avoiding colds and do not take the proper precautions against them when, as a matter of fact, a few simple rules of hygiene if adhered to faithfully will make a person practically immune to colds.

Cold is a germ disease and cannot be developed unless the cold bacillus is present in the nasal passage no matter how careless a person may be about exposure, but since this is one of the commonest of all germs and is practically alweys present in all persons nothing that tends to lower the general bodily resistance gives the cold an opportunity to make a successful attack upon the tissues of the nose and throat.

Exposure and chilling will often cause cold for the reason that the centers in the skin are over-sensitive and their reaction to exposure causes a disturbance of the circulation. Obviously the cure for this is a gradual hardening process whereby accustoming the body by means of cold baths and allowing the air free access to the skin by wearing loose, porous clothing and excercise in a cool room without clothing. Many delicate people cannot take really cold baths that have everyone can take cool baths that have been made cooler gradually. Outer clothing should be adapted to the changes in the weather but the best way to insure warmth of the body in the winter is to wear light or medium weight underclothing.

Other causes of lowered resistance that may give rise to colds are undue fatigue, overheated rooms, poor ventilation, either over or under eating, constipation, insufficient sleep and rest, excessive worry and all the things that lead to general debility.

After a cold has been contracted, there are a number of simple rules to follow to produce a cure, but is must be remembered that a cold is much more easily cured in its earlier stages than in its later. The body should be kept thoroughly and evenly warm, and for this reason it is usually better for the patient to stay in bed if possible for a day or two, or at least indoors unless the weather is still and sunny when outdoor exercise, if not too violent, will probably help the cure. Being out of doors in ramp or windy weather, however, will almost invariably make the cold worse. The room in which a cold patient stays should be uniformily warm, well ventilated but free from draft and sufficiently humidified for the dryness not to irritate the nasal passages. A hot footbath for about twenty minutes just before going to bed and a hot drink, lemonade or flaxseed tea, is usually effective if there is no chance of exposure afterwards. Rubbing the neck and chest with camphorated oil, taking a laxitive, drinking large quanities of water, as much as sixteen glasses a day, and taking large doses of baking soda, a level teaspoonful about every hour until several doses are taken, are all good, simple remedies for cold. The patient should eat lightly and there is no harm in actually skipping two or three meals. If the cold persists longer than a week and seems to grow worse instead of better in spite of the remedies it is best to consult a physician in order to prevent the development of complications.

Care of Nursing Bottle

Nursing bottles should be heavy, glass, cylindrical in shape, without angles or corners to make cleaning difficult. The number of bottles provided should be two or three more than the number of feedings given in 24 hours. Short, black rubber nipples that slip over the neck of the bottles should be selected. They should be of such a shape that they can easily be turned inside out; nipple turner costs little and is well worth the price. Nipples should be discarded when they become soft or when the opening grows so large that the milk runs in a stream rather than drop by drop.

As soon as the baby has finished his meal the bottle should be removed from his mouth, rinsed in clear hot water and ltfe standing filled with water until convenient time for boiling all the bottles to be used during the next 24 hours. Sufficient time must be allowed for the bottles to cool thoroughly between the time when they are boiled and the time when they are refilled. When the time comes to boil the bottles they should be placed in an agate or other suitable kettle, covered with water and boiled vigorously for three minutes. A cloth placed on the bottom of the kettle will keep the bottles from breaking. After the bottles have been removed from the boiling water they should be stoppered at once, either with rubber stoppers or with plugs of sterile cotton. The stoppers, if used, should be boiled with the bottles; sterile cotton may be purchased by the package.

An easy and satisfactory method to care for rubber nipples is the following: Provide as many nipples as the number of feedings given in 24 hours, and another, if desired to be used in case of accident. Provide also two cups of white enamel, each one large enough to hold all the nipples at once. One cup should have a cover, the other should not. To avoid mistakes it is well to have the cups diferent in shape. As soon as each feeding is finished, the nipple should be thoroughly cleanseed under running water by scrubbing it inside and out with a nipple brush. The nipple thus cleansed is placed in the cup without a cover. When all the nipples have been used cleansed and collected in the uncovered cup they are transferred into the other cup. Water is added, the cup is covered and its contents are boiled for three minutes. The nipples remain covered in the boiled water until needed; they are removed one by one for the successive feedings. Care must be used in removing a nipple to take it by the rim, not to touch nipples in the process and not to dip the fingers in the water. The best way is to remove them by means of a glass rod which is boiled with the nipples and kept with them in the cup when not in use. There are several advantages of this method of caring for nipples: It is easy; it reduces to a minimum the necessary handling of the nipples after boiling; it reduces the probabilities of using the wrong nipple since boiled nipples are always in one kind of receptable and used nipples in another. It also prevents the common pracice of continueing to keep nipples in a supposedly antiseptic solution long after the solution has become badly soiled.

Kidney and Bladder Troubles Have to go

Clogged up Kidney Deposits are Dissolved and the Toxins (Poisons) Completely Driven Out. Druggists Told to Guarantee it in Every Instance.

"Your very life," says Dr. Carey, "depends upon the perfect functioning and health of your kidneys so whatever you do don't neglect them."

Dr. Carey's famous prescription No. 777 known as Marshroot is not recommended for everything, but we cannot too strongly urge its use if you suffer from annoying bladder troubles, frequent, passing of water night and day, with smarting or irritation, brick dust sediment or highly colored urine, bloating irritability with loss of flesh, backache, rheumatism or any other tendency to Bright's Disease, Diabetis or Gravel, for kidney disase in its worst form may be stealing upon you.

Don't wait until tomorrow to begin the use of this wonderful prescription now obtainable in both liquid and tablet form if you have any of the above symptoms. Kidney and Bladder troubles don't wear away. They will grow upon you slowly, stealthily and with unfailing certainity.

Never mind the failures of the past if you even suspect that you are subject to Kidney Disease, don't lose a single day for every good druggist has been authorized to return the purchase money on the first two bottles to all who state they have received no benefit.

Care of The Baby's Eyes Mouth and Nostrils

Secretion accumulated in the corners of a baby's eyes should be removed by means of a bit of absorbent cotton moistened in boiled water. The secretion should be wiped away gently; a different piece of cotton should be used for each eye and a piece that has been used should not be put back into the water. Furthermore than this eyes in a normal condition do not need cleaning.

Every person who handles a baby should be very sure that her hands are clean; she should be doubly sure before she touches his eyes since a baby's eyes are peculiarly sensitive to infection from any source. More than a quarter of all totally blind persons in the United States became blind by infection of the eyes at birth. Blindnes of the newborn can be prevented in practically all cases if the doctor uses a preparation of silver in the baby's eyes immediately after birth. This treatment is effective and entirely safe.

It at any time the eyelids look red and swollen or if a drop of matter appears btween the lids the physician should be summoned at once. Total blindness may result if treatment is delayed even a few hours.

The baby's mouth should be rinsed after feeding by giving him a teaspoonful of boiled water. Until the teeth come, the mouth does not need other cleaning, and attempts to clean it may injure the delicate membranes that line it. Indeed, except in an emergency, fingers should not be inserted into a baby's mouth. The teeth when they appear should be cleaned gy means of a soft tooth brush.

The baby's nostrils need no cleaning other than the removal of mucus that can easily be reached by means of a piece of cotton. If a little vaseline is placed in the nostrils on a small piece of absorbent cotton in the early morning, collections of mucus will usually get softened so that they can be removed easily at bath time.

"Wait a minute, here it is. It must be this other statement of 1,250 francs for summer dresses!"

A COLD TODAY—DON'T DELAY

Established 1852
BURKE AND HERBERT BANKERS
Investments, First Mortgages on Real Estate
3 per Cent Paid on Savings Deposits

COUNTRY PRODUCTS
STRICKLY FRESH COUNTRY EGGS 35c
Friday and Saturday, dozen .....
Fresh Tomatoes — Country Butter
Cottage Cheese — Poultry, Live
Home Dressed
We have opened a store at 1010 King street and carry a full line of country products. Call to See us.
THE ARCADE
Phone 478 — 1010 King Street

RED TAG SALE
NOW GOING ON
We were too busy yesterday to write an advertisement for the paper.
BARGAINS EVERY DAY
FREE TICKETS WITH EACH PURCHASE
SAVE THEM
With each purchase we give you a ticket. On the last day of sale we will have grand drawing of prizes. Each purchaser get a ticket and we will award the following prizes to the lucky holder:
1st PRIZE—Electric Vacuum Cleaner
2nd PRIZE—Universal Electric Iron.
3rd PRIZE—Rochester Copper Bottom Wash Boiler.
4th PRIZE—Pyrex Casserole.
Ask For Your Ticket. Save Them.
BUY YOUR REFRIGERATOR NOW
We Have RED TAG SALE Prices on Them
$12.50 to $33.85
A full size Wash Board 39c
One to a Customer
SEE OUR WINDOWS
R. E. KNIGHT and SON
"We Sell Something of Most Everything"
621-625 King Street — Phone 41

THE GEORGE WASHINGTON RESTAURANT
726 King Street
Alexandria's Leading Restaurant
Good Service — Reasonable Prices
Club Sandwiches a Specialty
Everything Neat and Clean

Skill--
The live wire of our repair department means Satisfaction, a trial will convince you.
R. C. ACTON & SONS
Jewelers and Silversmiths
606 King Street

Richmond
TODAY
Mona Kingsley
in
"Living Lies"
Usual Added Attractions and Orchestra Music Each Evening.

IngomaR
TODAY
AL HART
—In—
"FLOWING GOLD"
TOMORROW
The Young Bill Farnum
—In—
The Hellhound of the West
With
Ruth Roland
—In—
"White Eagle"

Idle Hour
Today
"THE SHEIK"
TOMORROW
Pathe presents
"TOM SANSCHI"
In a thrilling outdoor picture
Francis Ford's Great Reward No. 10
Art Acord in
The White Horseman
No. 5
Charlie Chaplin in
"His Night Out"

RICHMOND
Friday and Saturday

"DREAM STREET"
A Dramatic Comedy Suggested by Characters of Thomas Burke
A tip-toe byway of this teeming world of lovers
Where Good Love and Bad Love Meet on the Common Level of Romance
D.W. GRIFFITH'S
Masterful depiction of
The Love of Two Brothers
Each for the other.....and their love for the same girl
A Love That
causes them to tear at each other's throat one instant.... draw to each other's bosom in another

"DREAM STREET"
Is an unusual Picture

The little players live not act through nine reels.

The direction is an exquisite and advanced work.

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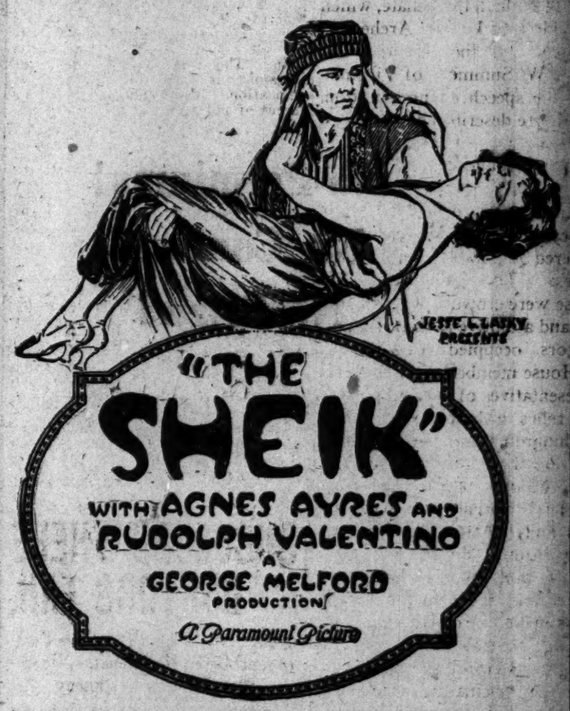

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Classified Columns

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A HAT TAKEN BY MISTAKE FROM St. Mary's Church, with the initials E. J. U. in it. Owner can have same by applying at 218 N St. Asaph street. 52-2p

WANTED

WANTED—TO RENT A HOUSE OR flat unfurnished, in neighborhood of 400 block, King St. Apply Virginia Lunch, 403 King St. 51-2p

WANTED—ROOM AND BOARD FOR young couple. Give full particulars in first letter. Address Box X. Y. Z., care Gazette 51-3p

ROOMS FOR RENT

FOR RENT—NICELY FURNISHED room, next to bath; hot water heat and electric lights; reasonable. Apply Apartment b, 204 N. Washington St. 52-2p

FOR RENT—FURNISHED ROOM, A. M. L., in private family. Apply 107 Harvard St. 52-2p

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FOR RENT—HOUSE WITH 6 ROOMS and bath, Peyton Ave., Del Ray; $45 per month. Phone 476-J1 51-3p

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FOR RENT—KING STREET APARTment, 4 rooms and bath. Apply Richard L. Ruffner, 518 King. Phone 1091. 22—tf.

FOR RENT—CHOICE APARTMENT, furnished or unfurnished, 603 Queen Street. Apply: Mrs. Wells, 603 Queen Street, 1st floor. 18—tf.

FOR SALE

FOR SALE—ONE WARDROBE. APPLY 918 Cameron St. 52-2p

FOR SALE—ON SOUTH PATRICK ST., No. 338, 6-room corner frame house, in good condition. Price $1,200. Clyde B. Lanham, 107 S. Royal St. 52-3p

FOR SALE—SIX-CYLINDER 7-PASsenger Reo, with winter top; can be seen at Corby Baking Co. E. L. Crambaugh. 52-3p

FOR SALE—FORD TOURING, GOOD running condition, good tires, $100. 312 South Columbus St. 50-4p

FOR SALE, CHEAP—MAN'S BICYCLE, girl's bicycle, some tools, brass bed, dining table, stove, chairs, books, garden tools, wheelbarrow, and other articles. G. Arthur Fowler, 1023 Duke St. 49-3p e o d

MISCELLANEOUS

CLEAN UP NOW—NOW IS THE TIME. Wall paper, 8c per single roll, up. Rooms papered, $4 up. H. A. Mudd, 331 N. St. Asaph Street. 52-2c

WANTED—You to know that Wolfson's Tailor Shop has moved from 307 King street to 310 King street. Phone 1097.
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King Street store, 18 foot front. Best location, good show window. One block from Washington Street.
MORRIS L. HORNER
612 King Street
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The New York Bargain House
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37-tf.

Richmond, Fredericksburg and Potomac R. R.

South		North
	New York-Jacksonville	
3:32 a. m.	... (A. C. L.) ...	11:30 p. m.
	Washington-Richmond	
7:57 a. m.	..... (Local)	11:47 a. m.
	New York-Atlanta-Jacksonville	
9:12 a. m.	... (S. A. L.) ...	8:30 p. m.
	New York-Florida	
9:47 a. m.	... (A. C. L.) ...	6:11 a. m.
	Washington-Fredericksburg	
k10:20 a. m.	..... (Local)	8:04 a. m.
	Washington-Richmond	
12:02 p. m.	... (Express) ...	2:16 p. m.
	Washington-Fredericksburg	
x3:07 p. m.	..... (Local)	8:04 a. m.
	New York-Augusta-Florida	
3:32 p. m.	... (A. C. L.) ...	12:05 p. m.
	Washington-Atlanta-Birmingham	
5:17 p. m.	... (S. A. L.) ...	11:55 a. m.
	Washington-Richmond	
5:27 p. m.	.... (Local)	*5:52 p. m.
	New York-Columbia	
8:12 p. m.	... (S. A. L.) ...	7:18 a. m.
	New York-Florida	
9:57 p. m.	... (A. C. L.) ...	8:15 a. m.
	New York-Tampa-St. Petersburg	
10:02 p. m.	... (S. A. L.) ...	8:28 a. m.

(k)—Sundays only.
(x)—Week days only.
(*)—Week days. On Sundays 8:17 p. m.
S. D. Shelton, Ticket Agent, Alexandria, Va., J. B. Mordecai, Traffic Manager, Richmond, Va.

SYMPTOMS OF ILLNESS

Early symptoms of illness are often slight and easily pass unnoticed, but a slight trouble, easily checked in its early stages, may if neglected, grow into a serious or even fatal disorder. It is important then, to notice even slight symptoms of sickness both in order to determine the nature of the trouble and to institute treatment as early as possible. It is, however, hardly less important to observe symptoms accurately during the entire of an illness. A patient's progress can be determined only by careful comparison between present and past conditions.

Many symptoms can be detected only by metnods requiring scientific apparatus as well as the knowledge and skill of a physician, but very pronounced symptoms are generally evident to anyone. Furthermore, less pronounced symptoms may often be seen clearly be any observant person, even by those not specially trained, although they cannot be interpreted. It is very important for every woman who has charge of others, sick or well, to form the habit of noticing unusual appearances of any kind, because the responsibility of deciding whether or not to send for the doctor will rest very largely with her.

All the training and experience of a physician are required in order to decide what symptoms indicate and to prescribe proper remedies. Diagnosis of illness is often exceedingly difficult and should not be undertaken by untrained persons, as not only one symptom but the presence or absence of a number of symptoms must be taken into consideration and untrained persons are often led astray also by the fact that actual causes of trouble may be situated far from the place where the symptoms are felt or observed. For instance, the real cause of a headache may lie in a region far removed from the head; and so-called heartburn, which is caused by disordered digestion, has nothing to do with the heart. Again, an early symptom of tuberculosis of the hip joint is pain under the knee, and for reasons of that kind no untrained person is equipped to make a diagnosis and still less to prescribe medicine or treatment.

Symptoms, like all other forms of discomfort, tend to trouble a patient in proportion to the amount of attention he gives them. Hence, in order to avoid calling his attention to them unnecessarily they should be observed as far as possible without his knowledge. When it is unavoidable for him to realize what is going on observation should be made a matter of routine so that his interest may not be especially excited. Children who know that their symptoms are over-anxiously watched soon learn to watch themselves and to exagerate every litle ache and pain, while even a grown person feels much worse if his attention is called to the fact that he is not well. It is not good for a person who is sick to know that other people are anxious about him, and care should be taken to conceal this fact.

PAIN AS A SYMPTOM

Pain is the most important of the subjective symptoms of illness and should never be disregarded. Bodily pain does not occur in persons who are in all regards physically and men tally well and is a sign that something, small or great, is out of order. One should remember that no possible method exists to measure the intensity of pain exactly, or to describe its quality accurately. Therefore, in describing pain it is best to use the patient's own language.

Four points should be observed especially about pain: Its location; its character, which may be dull or sharp, stabbing, throbbing, continuous slight or severe; the time at which it is worst—certain diseases, for instance, are characterized by more severe pain at night;—its response to an outside stimulus such as change of position, eating or drinking, heat or cold and the like. Pain may be felt in a part far from the place where the trouble really lies; thus a dislocated shoulder causes pain in the elbow.

Pain is always a danger signal although its significance is not always so great as the sufferer thinks. The more attention a patient gives to his pain, the more severe it always be comes; therefore, his attention should not be called to it unnecssarily. A good observer, however, can get much information by noticing the patient's expression, position, motions, etc. without constantly asking him how he feels. Although many persons overestimate pain, others persistently disrgard it, either because they do not realize its seriousness or are unwilling to take the necessary measurs to remedy it. Both courses of action are mistaken; everyone should realize the folly and danger of bearing pain if it is possible to remove the cause. Taking medicine that only quiets the pain is not a good thing; a physician should be consulted and an effort should be made to get the cause of the trouble.

Nausea, fatigue and malaise are other subjective symptoms. Malaise is the name given to a general feeling of physical discomfort not restricted to any one part of the body. All three are abnormal when there is not apparent or sufficient cause, and if they are continued after proper rest has been taken a physician should be consulted.

SITUATION WANTED

A thoroughly trained office man, 30 years of age, desires a new connection in Alexandria. Record wide open and clean. Competent to handle entire office. College education and have completed special executive training. Accountancy and cost training. Married and a permanent resident of this city. Employed at present, best of reasons for desiring change. Best of references. Salary no object to start. If any firm can use an honest, progressive and wide awake hustler, address box No. 500. Gazette.

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I will buy all kinds of gents clothing, send a postal or phone 1097, I will call.
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WASHINGTON-VIRGINIA RAILWAY CO. NOTICE TO THE PUBLIC.

Winter schedule of trains between Washington, Alexandria and Mt. Vernon, effective 1:00 A. M., December 1, 1921. Daily except Sunday and holidays.

Leave Washington for Alexandria, Mt. Vernon and intermediate stations: A. M., 6:00, 6:15*, 6:35, 6:50, 7:05, 7:10, 7:15*, 7:20, 7:25, 7:33, 7:35, 7:40, 7:50, 8:00, 8:10, 8:15*, 8:30, 8:45, 9:00*, 9:15, 9:30*, 9:45, 10:00*, 10:15, 10:30*, 10:45, 11:00*, 11:15, 11:30*, 11:45, 12:00* noon, P. M., 12:15, 12:30*, 12:45, 1:00*, 1:15, 1:30*, 1:45, 2:00*, 2:15, 2:30*, 2:47, 3:00*, 3:15, 3:30*, 3:45, 3:53, 4:00*, 4:05, 4:10, 4:15, 4:20, 4:25, 4:30, 4:35, 4:40, 4:45, 4:50, 4:55, 5:00*, 5:05, 5:10, 5:15, 5:20, 5:28, 5:35, 5:43, 5:50, 5:55, 6:00*, 6:05, 6:10, 6:15, 6:20, 6:30, 6:45, 7:00*, 7:20, 7:40, 8:00*, 8:20, 8:40, 9:00*, 9:20, 9:40, 10:00*, 10:20, 10:40, 11:00, 11:15, 11:25*, 11:45, 12:15, 12:50.

*Mt. Vernon trains.

Leave Alexandria for Washington and intermediate stations: A. M., 6:00, 5:40, 6:00, 6:15, 6:30, 6:40, 6:45, 6:55, 7:00, 7:10, 7:17, 7:25, 7:35, 7:40, 7:42, 7:45, 7:50, 7:55, 8:05, 8:05, 8:10, 8:15, 8:20, 8:30, 8:45, 8:55, 9:10, 9:25, 9:40, 9:55, 10:10, 10:25, 10:40, 10:55, 11:10, 11:25, 11:40, 11:55.—P. M., 12:10, 12:25, 12:40, 12:55, 1:10, 1:25, 1:40, 1:55, 2:10, 2:25, 2:40, 2:55, 3:10, 3:25, 3:40, 3:55, 4:10, 4:25, 4:22, 4:25, 4:35, 4:40, 4:45, 4:52, 4:55, 5:00, 5:05, 5:15, 5:20, 5:25, 5:30, 5:35, 5:40, 5:45, 5:55, 6:10, 6:25, 6:40, 7:00, 7:20, 7:40, 8:00, 8:20, 8:40, 9:00, 9:20, 9:40, 10:00, 10:20, 10:40, 10:55, 11:15, 11:40, 12:15.

Leave Mt. Vernon for Alexandria, Washington and intermediate stations: A. M., 6:15, 7:15, 8:30, 9:12, 10:00, 11:00, 12:00 noon; P. M. 1:00, 2:00, 3:00, 4:00, 5:00, 6:00, 7:15, 8:15, 9:15, 10:15, 11:15, 12:20x

Leave Alexandria for Mt. Vernon, daily except Sundays and holidays: A. M., 5:25, 6:45, 7:45, 8:49, 9:30, 10:30, 11:30, P. M. 12:30, 1:30, 2:30 3:30, 4:30, 5:30, 6:30, 7:36, 8:36, 9:36, 10:36, 11:55x, 10:26, 11:55.

xTrain runs to Four Mile Run only.

Pocket schedule may be obtained at all ticket offices.—Washington-Virginia Railway Co.
282-bc

I have finished making a large assortment of trousers. See my line of spring samples for that new suit.
H. C. SMITH
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45-26c.

Southern Railway System

South.		North.
8:27 a.m...	Memphis Special	12:15 a.m.
*3:37 a.m.	Washington-Harrisonburg (Local)	8:43 p.m.
7:37 a.m...	Washington-Danville .. (Local)	8:15 p.m.
8:37 a.m...	Washington-Danville .. (Express)	.....
9:17 a.m.	New York-New Orleans	10:43 p.m.
9:22 a.m.	Washington-Harrisonburg (Local)	9:15 p.m.
3:47 p.m...	Birmingham Special .	12:15 p.m.
4:15 p.m.	Washington-Harrisonburg (Local)	11:00 a.m.
4:22 p.m.	Washington-Charlottesville (Local)	10:55 a.m.
5:22 p.m..	Washington-Warrenton (Local)	7:55 a.m.
7:17 p.m.	N. Y.-Augusta-Asheville	7:15 a.m.
10:07 p.m...	Washington-Atlanta ..	7:22 a.m.
10:17 p.m.	Chattanooga Limited ..	7:28 a.m.
11:12 p.m.	New York-New Orleans (Limited)	8:23 a.m.

*Daily except Sundays.
S. D. Shelton, Ticket Agent, Alexandria, Va.
S. H. Burgess, Div. Pass. Agent, Washington, D. C.

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A savings account in this strong bank will protect you against the proverbial "RAINY DAY." It will also assure you money at any time you may need it.
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ON THE 5:15

WHICH IS THE PRETTIEST SAPPO MYRTLE, YOUR STENOGRAPHER OR MYRTLE, YOUR WIFE? HA-HA
DON'T KID ME BILL
HOW ARE YOU THIS MORNING?
FINE- THANK YOU
LADY TO SEE YOU BOSS
ALL RIGHT WILLIE
I HAPPENED TO BE IN TOWN AND I JUST HAD TO DROP IN AND SEE MY LITTLE HUBBY
WILL YOU HAVE LUNCH WITH ME, MYRTLE?
!?
SURE- SHALL WE EAT WHERE WE DID YESTERDAY?
!!
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3-9

MARINES ISSUES NATIONAL DIGEST OF STATE BONUS LAWS

Washington, D. C., March 2.—With the fate of the bonus uppermost in the minds of ex-service men the Marine Corps recruiting service has prepared an attractive folder that contains a digest of the bonus situation in each state as it applies solely to acts of the state legislatures. Through the cooperation of recruiting officers with state officials the status of each state in regards to any bonus for disabled soldiers, land grants, educational provisions and any other measures that have become effective or may be pending, was compiled to the beginning of February.

The cooperation of the state officials of both the American Legion and the Veterans of Foreign Wars has also been enlisted by the recruiting service for a liberal distribution of the folder to the posts of those organizations. The title of the folder, What the States Are Doing For The Ex-Service Man, is self explanatory and a study of what the states have done will show a surprising attention to the welfare of their sons who served with the colors.

White elephant aptly describes something you don't know what to do with. The king of Siam sent a white elephant to a courtier whose fortune he wished to destroy.

Dr. R. F. CLARK
Osteopathic Physician
Apt 1, 'The Henly' Hrs. 6 to 9 p. m. by Appointment
719 King Street Phone 27
14-26p.

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General Contractor
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"THE BUSY CORNER" PENNA. AVE. AT 8TH. ST.

Open 9:15 a. m. Close 6:00 p. m.

BANDED SAILORS

Among the new hats for wear with tailored or sport suits. These are in straight-crown and bell-crown shapes, with cushion brim.

The sailors are of lisere and china piping straw, finished with silk grosgrain ribbon and silk lining.

The colors are brown, navy and black. Some are underfaced with white.

There are also hundreds of other smart styles in sport hats at the same price. Choice—

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Kann's—Second Floor.

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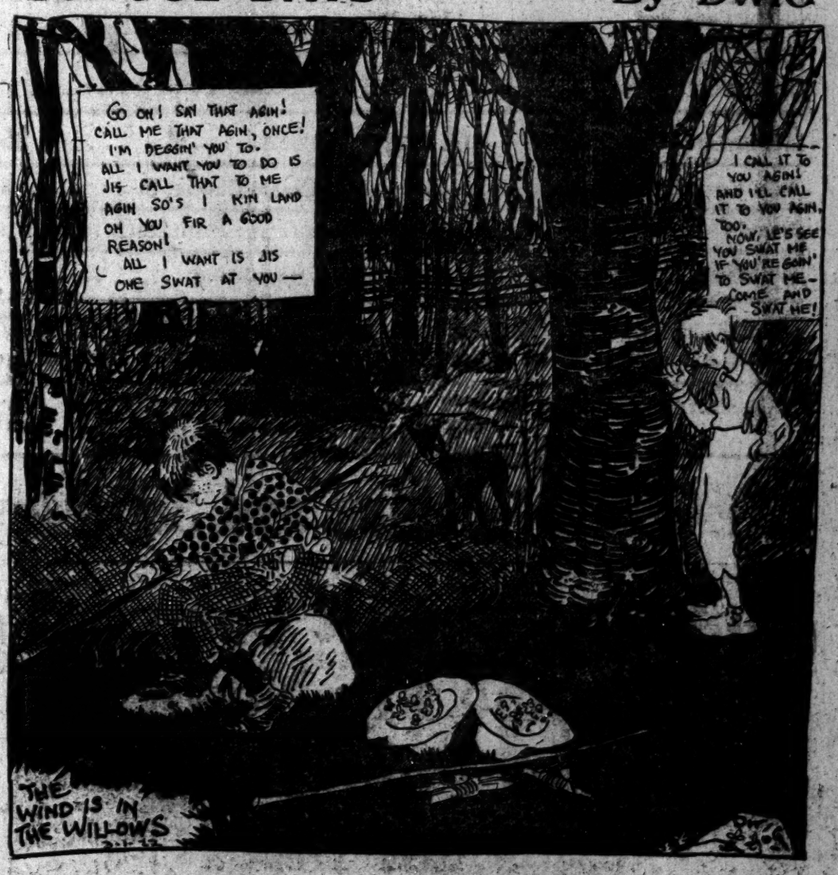
GO ON! SAY THAT AGIN! CALL ME THAT AGIN, ONCE! I'M BEGGIN' YOU TO. ALL I WANT YOU TO DO IS JIS CALL THAT TO ME AGIN SO'S I KIN LAND ON YOU FIR A GOOD REASON! ALL I WANT IS JIS ONE SWAT AT YOU—
I CALL IT TO YOU AGIN! AND I'LL CALL IT TO YOU AGIN, TOO. NOW, LET'S SEE YOU SWAT ME IF YOU'RE GOIN' TO SWAT ME— COME AND SWAT ME!
THE WIND IS IN THE WILLOWS

U. of Va. Medical School

Editor Alexandria Gazette.
Dear Sir:

To start with, in the name of hosts of Virginians, I wish to thank you and the press generally outside of Richful as money seemed to be, for a large their University in time of sore need. It is probably not generally known that there was only one paper of prominence which gave Richmond any support, and even this editor soon got cold feet and inwardly wished he had thought twice before he lined up with certain Richmond interests, for be it said to their everlasting credit that there were some Richmond people who would not enter into the scheme, but stood nobly by the University of Virginia. It was this sentiment created by and through this loyal press, which saved this great institution from disseveration, aye, evisceration. The writer's faith in the people of this great commonwealth has again been confirmed. Their will is sometimes thwarted, for the same reason that threatened in this case, viz., that the facts are concealed from them. Unfortunately, the only state-wide papers were published in the capital city, and these would not open their columns to a large number of the very people to whom they appeal for support, hence 90 per cent of the commonwealth had to be reached through other mediums.

To those who say cease criticism of the dead, I reply—"The maid is not dead, but sleepeth." I disclaim any feeling of vindictiveness in indicting these words, but am simply doing what I have done a number of times before, uttering a warning. There has been a recurrence of these efforts for nearly a century. Nothing has sufficed to check this unholy ambition. Never were plans so well laid as the last one. Never, perhaps, was there such a perfect and harmonious organization. They have endeavored to group and bring to bear pressure from almost every enterprise or association in Richmond or with affiliations there. It is even said that her great financial institutions have undertaken to use their power throughout the commonwealth. Sermons presenting her claims have been preached from their pulpits. Their Chamber of Commerce, Rotary Club and other organizations were loyally in line. Brilliant lawyers and retained attorneys were as plentiful as money seeme dto be, for a large amount of it was necessarily required for such widespread activities Indeed, no implement essential for the war was lacking.

Did I say war? Yes, war to the bitter end; war of the most desperate nature; war without the slightest reason, except in the language of Colonel Cole: "Richmond wanted the Medical College because she wanted the Medical College." Even the ancient Greeks ahad a better excuse when thy went to war against a neighboring state because the sacred lands were plowed. Richmond never presented an argument worth considering except that of clinics, and this had been so thoroughly met by the most competent authorities that those of less presumption would not have made the contention at this late day. There was not one square mile of territory in the State, remote from the environs of Richmond, which demanded or even suggested this extraordinary proceeding. Yet, a great and famous institution of learning was threatened with irreparable injury simply because the selfish interests of a number, whether infinitesimal or considerable, of the inhabitants of Richmond (which in toto represents only 7 1-2 per cent of the population of Virginia) have the audacity to demand it.

Indeed, their plans were so carefully laid and had been so well carried out, that at one time, soon after the majority report. they thought it was all over but shouting. And so it might have been but for public sentiment, which was subsequently aroused. After the meeting of the Legislature, note their attitude, how bitter, how vindictive they were before the committees and in the Senate chamber before the vote was taken. The writer can recall no parallel unless he harks back to the history of readjusterism. All because of "that part of Richmond" (from the Times Dispatch editorial) which wanted the Medical College.

Is there no protection to the citizens and taxpayers from this sort of thing? Why should such an insignificant number of people, an indeterminate fraction of Richmond which, in its entirety, is only one-fourteenth of Virginia, be treated with such consideration? Are we a democracy or an oligarchy? There are some very hard things for a plain citizen like myself to understand. One of them is why the Legislature has contributed the people's money for so many years to a privately-owned medical college in Richmond and thereby created a jealous rival to the commonwealth's own institution at Charlottesville. Will they continue to do this? I am told that one of the legislators who recently visited the University stated that when the vote was taken this matter would be settled for all time. When the vote was taken this gentleman voted to remove the college to Richmond. Presumably this was his notion of settling it for all time.

In view of all these things, hasn't this "historic city" made some very unfortunate history? it is somewhat unusual for me to summon the Times Dispatch as a witness, but I believe her editorial on Washington's Birthday confirms the fact that Richmond has incurred the hatred of the rest of the State, even though she did not reach her goal. The writer has been told a number of times by Richmond boosters, and also by others, that "she generally gets what she goes after." The Times Dispatch thinks she got this time what she did not go after.

The people of Virginia have a right to be proud of the defenders of the University, including Senators Early, Goolrick, Woodson, Leedy, Oliver, Holt an dothers They made a splendid fight and deserve the warmest praise. It would be hard to find words adequate to commend the president of the University and the dean of the Medical College. Dr. Alderman's speech before the committee will be treasured by all lovers of the University and will be found in the future among both public and private archives, while it is well known that Dr. Hough's work has scarcely a parallel. The fight of the friends of the University was made on a high plane, and this famous institution emerges from the fight with flying colors, unsullied skirts, justified and glorified and with every prospect of enlargement and greater influence than ever before.

One more word. The writer has demonstrated beyond the shadow of a doubt that the people at large as well as the alumni are proud of their University. This is not reflected in the scanty support which has been given to it in comparison with that given to other State universities. I believe I can give both the reason and the remedy. The reason is that we have always waited until the Legislature is elected and then ask for the appropriation. The funds are all absorbed by the claims of other institutions and State appropriations long before the Legislature meets, and hence it would be almost impossible for this body to do better if it wished. But even if it could, the various members would hesitate to act without instruction from their constituents. Now the remedy:

From the "University Club" or "Higher Education Society" which will place its past history and prospective benefits before the people of every county in the State by periodical meetings, public discussions and in every feasible way. Let the people know what the institution is and what their sons and daughters have to look forward to, and they will instruct their candidates, when they are nominated for the Legislature, to vote for a law which will, with a small tax, automatically provide an income each year. For example, 1 1-2c on each $100 of property will provide $250,000 per annum. This is done in other States where the people vote much larger amounts and do it gladly.

J. EDWIN WOOD.

PULSE

Each time the heart beats blood is forced out from the heart into the arteries, thus causing an expansion of the arterial walls. This expansion, called the pulse, can be felt in some place where arteries lie close to the surface of the body. The character of the pulse beat and its rate, or the number of times the beat occurs each minute, gives information about the heart and blood vessels; taken together they are perhaps more important than any other one symptom of the condition of a person.

The pulse rate varies more than the tempature, it differs in different individuals and at different ages and it often shows great temporary changes, especially during exercise or eating or as a result of excitement, fear or other emotion. Definite statements in regard to normal pulse rates are hard to make beccause different individuals in perfect health show a marked variation. It is generally conceded, however, that the pulse rate of a normal man at rest is about 72 a minute and that of a normal woman is about 80 a minute. At birth the pulse is quickest; it may then be about 124 to 144. From the sixth to the twelfth month it may be from 105 to 115 a minute, and from the second to the sixth year it may vary from 90 to 105. During the 'teens it reaches the adult rate, and during old age it may be decidedly slower than the adult rate.

The principal things to note about the pulse are its rate, or number of beats a minute; its force, whether week or strong; and its rhythm, whether regular or irregular. Much practice is necessary before the pulse rate can be counted with any degree of accuracy, and wide exeprience with both normal and abnormal pulses is required in order to judge its strength rhymth and other characteristics.

To go to Canossa means to eat humble pie. Canossa is a town in Italy where Kaiser Heinrich IV went to humble himself before Pope Gregory VII (Hildebrand) in 1076.

The population of the polar regions is estimated at 300,000 persons.

FRANK B. HOWARD & COMPANY

FRESH VEGETABLES A Full Line

GROCERS
Wholesale and Retail
700 King Street Phone 93

FRESH FRUITS A Full Line

The Store of Personal Service

Complete stock finest assortment highest grade food stufis from all over the world. Up-to-date fresh meat department. We carry only the finest native steer Beef, Home Killed Veal, Lamb and Pork. Two expert meat cutters.

Our Famous Winchester Butter, fresh from the churn every week, pound . . . 45c

This butter is churned from pure fresh cream in the morning. We receive this butter same evening. There is no butter on the market equal to Winchester. Pure, sweet, delicious. Try a pound on your next order.

RAVENSWORTH SPECIAL MILK AND CREAM

Quarts ..... 11c; Pints ..... 6c; Double Cream Pints . 30c

Bring Bottle in Exchange

From pure bred cows. All cattle under state and federal control. Dairy under supervision Doctor Geo. Bolling Lee.

THIS IS NATIONAL CANNED GOODS WEEK

No. 3 Tomatoes, can	15c	Campbell's Baked Beans	10c
No. 2 Tomatoes, can	11c	Del Monte Peaches	32c
Extra Sifted Peas, can	18c	Del Monte Cherries	39c
Sifted Peas, can	15c	Del Monte Asparagus Tips	35c
Early June Peas, 2 for	25c		
On Top Corn, 2 for	25c	Sweet Potatoes, can	17c

Strickly Fresh New Laid Eggs, dozen 35c

New York Potatoes, peck	45c	Full Cream Cheese, lb.	30c
Navel Oranges, dozen	30c	Large Grape Fruit, each	10c
Fat White Mackerel, each	10c	Pure Hogs Lard	14c

Banquet Coffee, fresh roasted and ground daily, lb. . . 27c
This is an excellent coffee, perfect blend, right flavor, good to the last drop.

Hillsdals Asparagus Tips, can 27c — Chase and Sanborns Seal Brand Coffee, lb. tins 42c

SPECIAL----Friday and Saturday

National Biscuit Company's Genuine Fig Newtons Per Pound 19c

A Real Treat

SAVE MONEY AT

F. C. PULLIN

A DOLLAR SAVED—IS A DOLLAR MADE.

Specials For Friday and Saturday

7-lb. HOME GROWN POTATOES 18c

Fancy N. Y. Potatoes, 2 1-2 bushel sack $4.00

Strickly Fresh Eggs from the Valley of Va., dozen ... 30c

Fancy Creamery Butter, guaranteed to give satisfaction, made in the Garden spot of Virginia. Price, lb. 40c

GRANULATED SUGAR 10 lbs. for 55

Special Combination Sale

COMBINATION No. 2
4 cans Columbia Brand Peaches, No. 2 1-2
4 cans Regina Peaches, No. 2 1-2
4 cans Del Monte Pineapple, No. 2
All For $2.75

COMBINATION No. 3
1-lb. Bonsor Cocoa.
3 8-oz. Glasses Pure Jelly
1 12-lb sack Gold Medal Flour
1 pkg. Gold Medal Buckwheat
1-lb. Wilkin's Breakfast Coffee
All for $1.50
10-lbs. sugar .50
Total .. $2.00

COMBINATION No. 4
1 pkg. Meal.
1 12-lb. sack Table Bell Flour
7-lbs. Potatoes
2-lbs. Lard
1-qt. Lima Beans
All for $1.25
10-lbs. sugar .50
Total .. $1.75

COMBINATION No. 5
5-lb. Old Va. Mountain Buckwheat
1-lb. Wilkin's Breakfast Coffee
1 5-lb. can Karo Syrup
1 can Silver Label Peas
1-lb. Butter
1 can Del Monte R. A. Cherries
All for $1.60
10-lbs. sugar .50
Total .. $2.10

COMBINATION No. 6
1 can Asparagus Tips
1 can Sifted Peas
1 Jar Clymer's Preserves
1 can Tomatoes, No. 3
All for ..... $ .75
10-lbs. sugar .50
Total .. $1.25

COMBINATION No. 7
1 can Columbus Brand Peaches No. 2 1-2
1 can Early June Peas "Cow Boys"
1 can Fancy Cut Beets, No. 2
1 6-lb. sack Gold Medal Flour
2-lb. Pure Lard
All for $1.10
10-lbs. sugar .50
Total .. $1.60

COMBINATION No. 8
1 can Sunshine "Sweet Wrinkle" Peas
1 can Corn
1 can Tomatoes, No. 3
1 can Del Monte Pears, No. 2 1-2
1 can Regina Peaches, No. 2 1-2
All for ..... $ .95
10-lbs. sugar .50
Total .. $1.45

COMBINATION No. 9
1 can Sweet Potatoes, No. 3
7-lbs. Potatoes
1 can Tomatoes, No. 3
1 can Salmon
2 lbs. Prunes
All for ..... $ .90
10-lbs. sugar .50
Total .. $1.40

COMBINATION No. 10
1 jar French Mustard
1 qt. Navy Beans
1 can Campbell's Beans
1 can Tomatoes, No. 3
1 can Regina Peaches
All for ..... $ .70
10-lbs. sugar .50
Total .. $1.20

COMBINATION No. 11
1 can Corn
1 can Tomatoes, No. 3
1 can Fancy Cut Beets, No. 2
1 can Del Monte Spinach, No. 3
1 can Early June Sifted Peas
All for ..... $ .70
10-lbs. sugar .50
Total .. $1.20

COMBINATION No. 12
1 can Tomatoes, No. 3
1-lb. Lard
1-lb. Prunes
1 pkg. Raisins
All for ..... $ .60
5-lbs. sugar . $ .25
Total .. $ .85

COMBINATION No. 13
1-4 peck Potatoes
1-4 lb. Cocoa
1-4 peck Meal
1 quart Hominy
1-lb. Sweet Potatoes
All for ..... $ .25
5-lbs. sugar . $ .25
Total .. $ .50

FLOUR

Gold Medal Flour, 12-lb. sack	70c	24-lb. sack Patapsco Flour	$1.20
Gold Medal Flour, 6-lb. sack	35c	6-lb. sack Patapsco Flour	32c
Gold Medal Flour 24-lb. sack	$1.35	Patapsco Flour, 12-lb. sack	60c
		6-lb. sack Table Bell Flour	30c
		12-lb. sack Table Bell Flour	52c

MEAL
1-4 peck water ground meal .... 8c — 1 peck water ground meal 30c
1-2 peck water ground meal 15c

CEREALS

Quaker Oats	10 1-2c	Kellogg's Corn Flakes, pkg.	8c
Quaker Oats, large family size	25c	Post Toasties, pkg.	8c